

**WE ARE PART OF  
THE CAMPAIGN.**

# **Clean skin, clear water.**

**SHOWER BEFORE ENTERING THE  
POOL. A SMALL ACTION THAT  
BENEFITS YOU, YOUR FELLOW  
SWIMMERS, AND THE ENTIRE  
SWIMMING FACILITY.**

[www.uimaliitto.fi/puhtaana](http://www.uimaliitto.fi/puhtaana)



**WASH.  
THEN SWIM.**

**UIMA  
LIITTO**  
SIMFÖRBUNDET  
AQUATICS FINLAND

