

JUNIOR & SENIOR CATEGORY



**UIMA
LIITTO**
SIMFÖRBUNDET
AQUATICS FINLAND

ARTISTIC SWIMMING NORDIC OPEN CHAMPIONSHIPS 2026



PHOTO CREDIT:
SATU FRIIPYÖLI

12.-14.6.2026

PIRKKOLA
SWIMMING HALL

HELSINKI, FINLAND

Finnish Swimming Federation and Swimming Club Helsingin Uimarit Ry have a pleasure to invite all artistic swimmers to Nordic Open Junior and Senior Championships in on 12.-14.6.2026 at Pirkkola swimming hall!

Organizing club:	Helsingin Uimarit Ry
Time:	12.-14.6.2026
Place:	Pirkkola sports park swimming hall (Pirkkolan metsätie 6, Helsinki)
Referee:	Ulla Lucenius
Evaluator:	Marie Kavaklioglu
Chief Recorder:	Petri Kekki
Difficulty controller (DTC):	Anna Kaján
Competition doctor:	Emilia Toikkanen
Head volunteer:	Vuokko Haaparanta
Harassment contact:	Peppi Hietanen / hairintayhdyshenkilo@helsinginuimarit.fi
Competition coordinator:	Heidi Tuominen
Competition page:	Artistic swimming Finnish and Nordic championships 2026 - Helsingin Uimarit
Competition pool:	Indoor pool. Pool profile 1,5m-4m. 25 x 16 m. There will be a starting deck at the venue – appr. 2m x 5 meters, height appr. 70cm.
Rules:	The competition follows Nordic championship rules and regulations in artistic swimming as well as the current World Aquatics artistic swimming rules and World Aquatics General Rules.
Participation:	Nordic Championships are for the Nordic clubs and National junior and national teams (Denmark, Estonia, Finland, Faro-island, Iceland, Latvia, Lithuania, Norway and Sweden). For Nordic junior championships all female participants must be 15-19 years old and all male participants 15-20 years old. For Nordic senior championships all participants must be at least 15 years old.

The open competition is for all World Aquatics club's and national teams. The Nordic junior and senior championship's age categories comply for the open competition.

Registration:

Preliminary entries must be sent latest on Monday 27th of April.

Final entries must be sent latest on Thursday 21st of May.

Please use the entry form available on the competition website and send them via email (heidi.tuominen@helsinginuinmarit.fi).

Entry fees:

Entry fees for the competition are:

- Solos (technical and free) 25 € / routine
- Duets (technical and free) 35 € / routine
- Mixed duets (technical and free) 35 € / routine
- Team (technical and free) 80 € / routine
- Acrobatic routine 80 € / routine

Payments must be made latest on 21th of May:

Receiver: Helsingin Uimarit Ry

Bank ID: Nordea FI68 1256 3000 0439 38

BIC/SWIFT: NDEAHH

Message: ARTISTIC SWIMMING NORDIC OPEN CHAMPIONSHIPS 2026 / ENTRY FEES / CLUB'S NAME or FEDERATION

All payments will be checked before the competition and without payments swimmers can't start. The payments are tripled if the final entry is sent later than the informed date

Materials:

Coach cards must be uploaded to the club's folder latest on Wednesday 2nd of June. A link to the folder will be sent to the clubs after the final entries. Please use the coach card template available at the competition page and name the files as:

Nationality_Club_agegroup_event_Team/Surname

Music files must be uploaded to the club's folder latest on Wednesday 21st of May. A link to the folder will be sent to the clubs after the final entries. Please name the files as:

Nationality_Club_agegroup_event_Team/Surname

Events:

The competition is held in the following events:

Junior	<ul style="list-style-type: none">• Solo technical 100 %• Solo free 100 %• Male solo technical 100 %• Male solo free 100 %• Duet technical 100 %• Duet free 100 %• Mixed duet technical 100 %• Mixed mixed duet free 100 %• Team technical 100 %• Team free 100 %• Acrobatic routine 100 %
Senior	<ul style="list-style-type: none">• Solo technical 100 %• Solo free 100 %• Male solo technical 100 %• Male solo free 100 %• Duet technical 100 %• Duet free 100 %• Mixed duet technical 100 %• Mixed mixed duet free 100 %• Team technical 100 %• Team free 100 %• Acrobatic routine 100 %

Every competitor must start all routines in each category they have been entered to. For example if a solo is entered to both junior and senior category it must be started in both categories as well.

Officials:

Each participating foreign federation/club shall bring judges, DTCs and STCs to the competition, preferably from the existing World Aquatics/European Aquatics lists.

The officials should wear all black for the competition.

Warm up:

There is a warm up scheduled for each session in the competition pool. The warm up times are reserved only for the swimmers taking part in the current session. The education pool next to the competition pool is also available for warm up during the whole competition. We however ask to keep quiet when warming up during the competition.

There is no music warm up. All musics will be tested shortly before each start.

Schedule:

Preliminary schedule of the competition:

Friday 12.6.

11.30-12.00 judges' and team leaders' meeting

12.00-21.00 warm up and competition

Saturday 13.6.

9.00-9.30 judges' and team leaders' meeting

9.00-21.00 warm up and competition

Sunday 14.6.

9.00-9.30 judge's and team leader' meeting

9.00-17.00 warm up and competition

Start lists:

Start lists will be drawn 10th of June at 17.00 at Helsingin Uimarit ry's office (Laurinniityntie 2 C, Helsinki). There will also be a Teams link provided to watch the draw online as well.

Awards:

In all competitions places from 1st to 3rd will be awarded with medals.

Transportation:

Pirkkola Sports Park features two parking areas on different sides of the park. The so-called ice hall parking area is located along Pirkkolantie, at Plotinrinne 1, to be exact. This parking is free of charge.

The so-called swimming hall parking area is located at Pirkkolan metsätie 6. The swimming hall parking area also has disabled parking. The parking must be payed for and further information is provided at the parking lot.

When arriving with public transportation there are buses that stop at Hämeenlinnanväylä or Pirkkolantie or with light rail line 15. There is also a city bike station at the swimming hall parking lot.

Meals:

Clubs can book meals for the competition weekend at Jani's Sport Bar & Cafe, which is located in the swimming hall lobby. **All meals must be reserved in advance by 31th of May through the link provided.** Meals must be payed in advance and there will be an invoice sent to the clubs/federations who have reserved them.

Reservations for the competition meals: [Meal orders / ruokailutilaukset - Helsingin Uimarit](#)

Accommodation:

All participants are responsible for their own accommodation.

Accommodation options close by are Hotel Haaga, Sokos Hotel Tripla and Scandic Pasila.

Spectators:

Spectators must purchase a ticket to the competition. There are multiple ticket options available:

- One competition session (either morning or evening) 5 euros
- One competition day 8 euros
- Whole competition weekend 13 euros

Spectators can purchase tickets at the competition venue. Only card payments are accepted.

All participating clubs or federations must include coaches and/or team leader's in the final entry. All coaches, team leaders and swimmers will receive accreditation passes when arriving to the competition venue. You may enter a maximum of two coaches or team leaders (all together) per each starting 12 athletes per club.

Competition activities: There will be snacks, beverages, coffee and tea available for the officials and coaches during the competition at the meeting room in the swimming hall lobby.

There will be a raffle organized on the competition venue. Further information will be updated to the competition page.

Attachments: Entry form (attachment 1)

Coach card -template (attachment 2)

Contact person: Heidi Tuominen / heidi.tuominen@helsinginuinmarit.fi

Cover photo credits: Satu Friipyöli

Welcome to Pirkkola!