

INVITATION

32nd SL Synchro Cup Open 2025

Youth & Juniors

Artistic Swimming

May 16th – May 18th, 2025



SWIMMING LUXEMBOURG

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WELCOME WORDS

Luxembourg, January 2025

Dear Synchro-Friends,

It is our great pleasure to invite you to the first leg of the 32nd edition of the SL Synchro Cup Open, which will be held on the 16th, 17th and 18th May 2025 at the pool of Campus Geesseknäppchen, Luxembourg. We know that a lot of you have already been waiting of the official invitation to be sent out, so here it is. Swimming Luxembourg is looking forward to meeting old friends and getting to know new faces!



Kind regards,
Carmen Tholl-Biewer
Swimming Luxembourg

Special thanks for their support go out to our club sponsor.



1 GENERAL INFORMATION

EVENT

32nd SL Synchro Cup Open – Youth & Juniors

DATE

Friday, 16th of May 2025 until Sunday, 18th of May 2025

EVENT ORGANIZER

[Swimming Luxembourg](#), PO Box 576, L-2015 Luxembourg

CONTACT

Carmen Tholl-Biewer (tholl@swimming.lu)

REFEREE

Fokko de Gans (NED)

POOL

Pool of Campus Geesseknäppchen (40 Bd Pierre Dupong, L-1430 Hollerich Luxembourg)
(Indoor pool 50x25m, depth 2,50m)

CATEGORIES

	Female swimmers	Male swimmers
Youth	13-15 years of age (2010-2012)	13-16 years of age (2009-2012)
Juniors	15-19 years of age (2006-2010)	15-20 years of age (2005-2010)

COMPETITION PROGRAM

	Figures	Free Solo	Free Duet	Free Team	Tech. Solo	Tech. Duet	Tech. Team
Youth	x	x	x	x			
Juniors		x	x	x	x	x	x

- Please note: in general female & male swimmers swim within the same competition sessions and will be ranked within the same ranking list. If, there are at least 3 male entries, a separate event (incl. ranking list) will be opened.

PROVISIONAL PROGRAM

See [Appendix I](#) (the program is subject to change according to the number of competitors!).

A definitive program will be drawn up after the registrations have been closed.

2 COMPETITION RULES

2.1 GENERAL INFORMATION

- This competition is held under the World Aquatics rules of 2022-2025 (to be released in the Beginning of 2025).
- No Finals are held, even if there are more than 13 entries within one session.

2.2 JUDGING

- All sessions will be judged according to the World Aquatics rules of 2022-2025 (to be released in the Beginning of 2025).

2.3 DISCIPLINES: FIGURES

- Figure sessions are held for the age group Youth
- See annexed list ([Appendix II](#))
- Youth: 2 figures ([AS 8.4](#))

2.4 DISCIPLINES: ROUTINES YOUTH

Each club is allowed to participate with:

	Free Solo	Free Duet	Free Mixed Duet	Free (Mixed) Team
Youth	2 Female Solos + 2 Male Solos	2 Duets	2 Mixed Duets	1 (Mixed) Team

Time for free routines:

- See World Aquatics [AS 25.5.1](#) (including 10 seconds of deck movements)

	Free Solo	Free Duet / Free Mixed Duet	Free (Mixed) Team
Youth	2'00	2'30	3'00
(+/- 5 seconds of tolerance)			

2.5 DISCIPLINES: ROUTINES JUNIORS

Each club is allowed to participate with:

Juniors	Solo	Duet	Mixed Duet	Team
Free	2 Female Solos + 2 Male Solos	2 Duets	2 Mixed Duets	1 (Mixed) Team
Technical	2 Female Solos + 2 Male Solos	2 Duets	2 Mixed Duets	1 (Mixed) Team

Time for free routines:

- See Word Aquatics [AS 25.5.2](#) (including 10 seconds of deck movements)

Juniors	Solo	Duet / Mixed Duet	Team
Free	2'15	2'45	3'30
Technical	2'00	2'20	2'50

(+/- 5 seconds of tolerance)

2.6 RESTRICTIONS

- Each competitor can start in only one (1) category.
- Each competitor must have a valid license.
- The organizer reserves himself the right to register more routines than indicated in chapter 2.4 & 2.5.
- **The organizer reserves himself the right to close the registrations early and limit the number of swimmers in order of registration before the final entry date!!**

2.7 MUSIC

To be send on **4th of April 2025** at the latest to tholl@swimming.lu (mp3 versions only)

Please name your music files like the following:

- **Age category_club_discipline_competitor_duration of the music**
- *Example: Juniors_SwimmingLuxembourg_Solo_LisaWeber_2min11*

For backup and security reasons please bring your USB.

Please note: Swimming Luxembourg will not be held accountable for any lawsuits resulting from copyright infringement. All expenses resulting from such procedures will be the responsibility of each competitor and their respective Federation/Club.

2.8 DRAW OF FIGURES

The draw of the figures will be on **Thursday, the 8th of May 2025 at 2pm**. Information about the drawn figures will be send per mail to the participating clubs.

2.9 JUDGES

Each participating club is obliged to provide judges for the whole duration of the competition (from Friday, 16th of May 2025 until Sunday, 18th of May 2025):

- Judges (preferably WA-listed)
 - At least 1 qualified judge
 - For 8-15 swimmers: 2 qualified judges
 - For 16-24 swimmers: 3 qualified judges
 - For more than 24 swimmers: 4 qualified judges
- Figure judges: **bring your own score book**. A limited number of score books can be rent for the figure session against **deposit of 30€** (payable cash, available at the organization office)
- Technical Controllers (preferably WA-listed)
 - At least 1 Difficulty Technical Controller
 - At least 1 Synchronization Technical Controller
 - For 10-20 swimmers: 2 Difficulty Technical Controllers + 2 Synchronization Technical Controllers
 - For more than 20 swimmers: 3 Difficulty Technical Controllers + 3 Synchronization Technical Controllers
 - **If a participating club cannot provide a Difficulty Controller, it should contact another club for a replacement.**
- Notes:
 - Dress code for all officials: white t-shirt & white knee covering pants
 - Please note that separate/special requests will not be allowed.
 - Please fill in the [Appendix III](#) with the judges and DTCs / STCs which you will bring. (Deadline: 04.04.2025)

2.10 SECRETARIES

Please fill in the [Appendix III](#) with secretaries which you will bring. (Deadline: 04.04.2025)

Each participating club is obliged to provide secretaries for the whole duration of the competition (from Friday, 16th of May 2025 until Sunday, 18th of May 2025):

- At least three (3) persons per club.
- Mission: guide the swimmers into the water (clerk of course), write down the scores of the judges or time the routines,...
- **Please make sure your secretaries are already familiarized with the job they will be assigned to! Especially if they have to time the routines!**

2.11 FINAL ENTRY

Entry form: please find the entry form in [Appendix III](#)

- **Deadline: Friday, 4th of April, 2025** (e-mail date) at the latest to tholl@swimming.lu.
 - Please note that if you register early, unsubscribing of your final entry can only be done until the 4th of April 2025.
 - After the 4th of April 2025 unsubscribing can only be done with a medical certificate. Otherwise, an additional fine will be raised (details in [chapter 2.15](#)).
 - After the 4th of April 2025 no changes can be made to the composition of the routines.
- Final entry must include:
 - [Appendix III Entry Form](#)
 - [Appendix IV Registration Form Meals](#)
 - Music files
 - Group picture
- Coach Cards must be submitted to Carmen Tholl-Biewer (tholl@swimming.lu) by the **1st of May 2025** at the very latest.
 - Please note that after this date no changes can be made! The earlier you send in the final CC, the better it is!
 - **The Coach Card Form will be uploaded on our website, after the final confirmation of the newest rule set of World Aquatics. Only the Coach Card Form, provided via our website, will be accepted.**

With your entry form, please do not forget to attach a group picture of your team to insert in our brochure “32nd SL SYNCHRO CUP OPEN 2025” which will be on sale on the competition weekend.

2.12 ENTRY FEES

Entry fee per person: 30€

The fees are to be paid to...

Swimming Luxembourg
BIC Code: CCPLLULL
Account: LU17 1111 0043 4577 0000

... by Friday, the **4th of April 2025 at the latest**. The charges of payment are supported by the participating club! The registration is only valid after payment of the entry fee.

2.13 AWARDS

- Youth: medals for the best 3 free routines (figures + routine)
- Juniors: medals for the best 3 free routines and best 3 technical routines
- SL Synchro Cup: The cup will be attributed to the club who has totalized the maximum of points in final results in the best Solo (Free & Technical), Duet (Free & Technical) and Team (Free & Technical) in categories Juniors and Youth

2.14 PROTESTS

Please note that judges and/or DTCs/ STCs can only be contacted to explain their decisions after the end of the competition weekend! Since we have a tight schedule, we will not have the time and/or capacity for coaches wanting the officials to explain their decisions right after the different sessions. However, since we still need to learn and adapt to the new rules, we propose the coaches to write us an email after the end of the competition weekend with their questions concerning the judges / DTCs or STCs decisions. We will then proceed to share those with the officials and provide explanations if needed.

It will not be possible to raise protests.

2.15 FINES

- **Unexcused non-attendance of swimmers:** in case a registered swimmer is unable to attend the competition, a medical certificate must be provided. Otherwise, a fine of 20€ is being charged additionally to the 30€ registration fee.
- **Unexcused non-attendance of officials:** in case a registered official is unable to attend the competition a medical certificate must be provided. Otherwise, a fine of 20€ is being charged.
- **Missing officials:** In case the clubs/federations will not nominate the above-mentioned number of qualified officials (judges / DTCs / STCs / secretaries), a fine of 50€ per missing official will be charged!

2.16 INSURANCE

The organizer declines all responsibility in case of accidents, loss, damage and / or theft of personal belongings.

3 CATERING

Catering costs are to be covered by the participants.

CAFETERIA

During the whole competition our staff will be happy to provide you with wide range of drinks, a variety of fruit, different sandwiches, an assortment of cakes and all kind of other snacks.

MEALS

On Saturday and Sunday noon a warm meal can be ordered. Please fill in the annexed form (see [Appendix IV](#)).

- Final entry: **Friday, the 4th of April, 2025**
- Price per meal: 15€
- Menu Saturday: Spaghetti Bolognese (Vegetarian Menu: Pasta Napolitana) (TBC)
- Menu Sunday: "Bouchée à la Reine" (Vegetarian Menu : Pasta with Pesto) (TBC)
- On both days, the menu comes with a bottle of water, a piece of fruit and an assortment of salads.

4 ACCOMMODATION

Accommodation is to be booked on your own charge. You will find a list of accommodation annexed ([Appendix V](#)).

Please refrain from booking your travel and/or accommodation before you receive a confirmation of your participation. Swimming Luxembourg cannot be held accountable for bookings that have been done before an official confirmation of your participation in the SL Synchro Cup Open 2025 was to be sent out.

5 IMPORANT DATES / DEADLINES

All documents to be sent to: tholl@swimming.lu

Final entry form	4 th of April 2025
Payment of entry fees	4 th of April 2025
Unsubscription	4 th of April 2025
Music	4 th of April 2025
Meal form	4 th of April 2025
Group Picture	4 th of April 2025
Coach Card	1 st of May 2025
Draw of figures	8 th of May 2025

6 ADDITIONAL INFORMATION ABOUT THE COMPETITION

6.1 LIVESTREAM

Please note that the first leg of the SL Synchro Cup Open 2025 will be partially streamed live. Most probably the live stream will be on air Saturday afternoon and Sunday.

By attending the event (16th-18th of May 2025), you mutually agree to be filmed during the event.

6.2 OTHER

As each year, you will find the stand of Photosynchro and FineDesigns in the hall of our pool.

- Photosynchro will provide you with high-quality pictures of each and every routine and some amazing pictures of the unique atmosphere on our competition weekend. Their pictures are for sale during the whole competition weekend. You will find them at the tribunes with their showcase-screens on which you can look at your pictures right after your routine was swam. They offer to print out pictures on site, but also sell digital versions of your beautiful synchro-moments.
 - Please refrain from taking pictures off of their showcase-screens. Evelyne and her team are providing excellent work and this should be honored.
 - Please note that Photosynchro is the official photographer of the competition. No other photographers are allowed around the pool.
- You will find a stand of FineDesigns right at the entrance of the pool. They will showcase all kinds of t-shirts, sweatshirts,... as well as different artistic swimming motives which they will print right on the clothes according to your wishes. You can even print our mascot, the SL-Synchro-Cup-Duck, the official competition logo, or all the names of participants on any piece of clothing. The team will be happy to provide you with your unique SL-Synchro-Cup-clothing-item.
- Please note, all services provided by Photosynchro and FineDesigns are to be paid by the participants.

For general questions about the competition and participation, please contact Carmen Tholl-Biewer (tholl@swimming.lu).



Yours sincerely,

Artistic Swimming Team of Swimming Luxembourg

Carmen Tholl-Biewer

7 APPENDIX I PROVISIONAL PROGRAM

! Subject to change !

Friday, 16th of May 2025

Juniors Solo

Saturday, 17th of May 2025

Juniors Tech Solo

Youth Figures

Presentation of the clubs

Juniors Tech. Team

Youth Solo

Juniors Tech. Duet

Sunday, 18th of May 2025

Youth Duet

Juniors Duet

Youth Team

Juniors Team

- **Please remember: The program is subject to change according to the number of competitors! A definitive program will be drawn up after the registrations have been closed.**



8 APPENDIX II FIGURES YOUTH

- See excel sheet “Appendix II Figures Youth”

9 APPENDIX III ENTRY FORM

- See excel sheet “Appendix III Entry form”

10 APPENDIX IV REGISTRATION FORM MEALS

- See excel sheet “Appendix IV Registration form meals”

11 APPENDIX V ACCOMODATION

Luxembourg-City (2-4 km to the pool)

- **Auberge de Jeunesse Luxembourg (Youthhostel)**
Address: 2 rue du Fort Olisy, L-2261 Luxembourg
Tel: 00352 22 68 89 20
Fax: 00352 22 33 60
Website: http://youthhostels.lu/luxemburgish-youth-hostels/luxembourg/10_50_EN.html
- **Hotel Parc Plaza**
Address: 5 Avenue Marie Thérèse, L-2132 Luxembourg
Tel: 00352 45 61 41 1
Fax: 00352 45 61 41 22 2
Website: <https://www.goereshotels.com/en/parc-plaza-en/>
- **Hotel Parc Bellevue**
Address: 5 avenue Marie Thérèse, L-2132 Luxembourg
Tel: 00352 45 61 41 1
Fax: 00352 45 61 41 22 2
Website: <https://www.goereshotels.com/en/belle-vue-en/>
- **City Hôtel**
Address: 1 rue de Strasbourg, L-2561 Luxembourg
Tel: 00352 29 11 22
Website: www.cityhotel.lu
- **Hotel Christophe Colomb**
Address: 10 rue d'Anvers, L-1130 Luxembourg
Tel: 00352 40 84 14 1
Website: <https://www.christophe-colomb.lu>
- **Hotel Parc Belair**
Address: 111 Avenue du 10 Septembre L-2551 Luxembourg
Tel: 00352 44 23 23 1
Fax: 00352 44 44 84
Website: <https://www.goereshotels.com/en/parc-belair-en/>
- **Meliá INNSiDE Luxembourg**
Address: 12 Rue Henri M. Schnadt, 2530 Gasperich Luxembourg
Tel: 00352 28 84 53 1
Website: <https://www.melia.com/en/hotels/luxembourg/luxembourg>
- **Meliá Luxembourg**
Address: 1 Park Draï Eechelen, 1499 Clausen Luxembourg
Tel: 00352 27 33 31
Website: <https://www.melia.com/en/hotels/luxembourg/luxembourg/melia-luxembourg>
- **DoubleTree by Hilton Luxembourg**
Address: 12 Rue Jean Engling, L-1466 Luxembourg
Tel: 00352 43 781
Website: <https://www.hilton.com/en/hotels/lxmhidi-doubletree-luxembourg/>



Luxembourg-Findel (15km +- 15 min to the pool)

➤ **Hotel Ibis Aéroport**

Address: rte de Trèves, L-2632 Luxembourg-Findel

Tel: 00352 43 88 01

Fax: 00352 43 88 02

Website: <http://www.accorhotels.com/de/hotel-0974-ibis-luxembourg-aeroport/index.shtml>

➤ **Hotel Ibis Budget (ex Etap Hotel)**

Address: route de Trèves, L-2632 Luxembourg-Findel

Tel: 00352 42 26 13 10

Fax: 00352 42 26 13 20

Website: <http://www.accorhotels.com/de/hotel-3579-ibis-budget-luxembourg-aeroport-ex-etap-hotel/index.shtml>

Livange (14 km +-10min to the pool)

➤ **Hotel Ibis Luxembourg Sud**

Address: route de Bettembourg, L-3378 Livange

Tel: 00352 26 52 01

Fax: 00352 26 52 29 29

Website: <https://all.accor.com/hotel/5587/index.en.shtml>

➤ **Hotel Ibis Budget Sud (ex Etap-Hotel)**

Address: rue de Turi, L-3378 Livange,

Tel: 00352 26 51 86

Website: <https://www.accorhotels.com/gb/hotel-6768-ibis-budget-luxembourg-sud/index.shtml>

Foetz (14 km +-10-15 min to the pool)

➤ **Hotel Stand'Inn**

Address: 9 rue du Brill, L-3858 Foetz

Tel: 00352 26 17 88 100

Website: <https://www.hotel-standinn.lu/de/>

➤ **Hotel de Foetz**

Address: 1 rue de l'Avenir, L-3895 Foetz

Tel: 00352 57 25 45

Website: www.hotel-foetz.com

Dudelange (21km +-18 min to the pool)

➤ **Hotel Cottage**

Address: rue Auguste Liesch, L-3474 Dudelange

Tel: 00352 52 05 91

Website: <http://www.cottageluxembourg.com/uk/index.php>

Echternach (45 km +- 40 min to the pool)

➤ **Youthhostel Echternach**

Address: chemin vers Rodenhof, L- 6479 Echternach

Tel: 00352 72 01 58

Website: <http://youthhostels.lu/en/youth-hostels/youth-hostel-echternach>