



5-6 April 2025

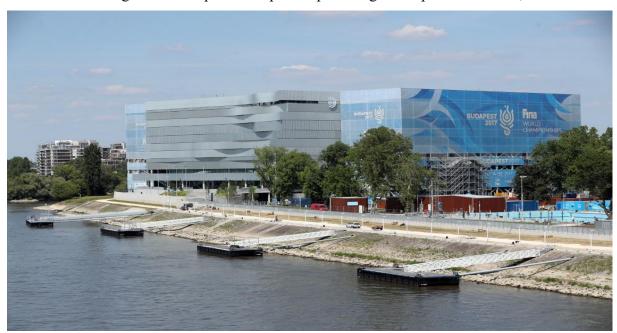
XXXIII. Hungarian Artistic Swimming Open Championships for Age Group 10U, 12U and Juniors





Dear Synchro Friends,

The Hungarian Artistic Swimming Federation kindly invite you to the XXXIII Hungarian Artistic Swimming National Open Championships for Age Group 10U 12U and, Junior.



Competition Venue: Duna Arena Népfürdő utca 36, Budapest, Hungary, 1138

Competition pool: 50m x 25m, depth: 3.0m

Competition Date: April 5-6, 2025

Participants: Clubs and/or national teams

Events: Solo, Duet, Mixed Duet, Team, Free Combination,

Acrobatic Routine

Sessions: World Aquatics Figures, Technical Routines and Free Routines

Age groups: 10U, 12U and Junior

Rules to govern: World Aquatics Regulation

Referee: Vizi Judit











Age Groups

Beginner 10 and under

Figures	DD 5,8
1. Back Layout Position to Flamingo Position - both legs	DD 1,4
2. Somersault Back Pike 303	DD 1,4
3. Kipnus 316	DD 1,5
4. Table Top Vertical Position - Half twist both direction	DD1,5

Each competitor must perform all four figures.

In a Figure competition for the 10 and Under-age category, if the athlete doesn't perform the correct figure, the athlete will be allowed to perform it again without any penalty. The third attempt a one-point penalty will be applied. If the athlete fails one more, a score of "0" point will be applied.

Routines:

Duet/Mixed Duet Routine of Defined Elements Team Routine of Defined Elements

10U Duet; Mixed Duet; Team				
TRE1	FLEXIBILITY	F1a + AB + A1b	Rapid Split from Front Pike Position + Lift to any single leg from Tuck Position to Bent Knee + Bent Knee descent	Base Mark + 0,25
TRE2	AIRBORNE WEIGHT	AB and / or A1 and / or A2 and / or A3	Maximum 4 declarations per AB - A1 - A2 - A3 with a limit of 2 per technique	Base Mark +DD
TRE3	SPIN	SB + A1d + A2a	Bent Knee Spin Up 180 + Join to VP from Bent Knee + Vertical Descent	Base Mark + 0,4
TRE4	THRUST	ТВ	Thrust with one or two legs followed by craishing on the surface	Base Mark + 0,3
TRE5	TWIST	A1a + 1RB + A1b	Lift to any single leg position from Front Pike to Bent Knee Position + 1 leg Twist / Twirl 180 + Bent Knee Vertical Descent	Base Mark + 0,35

Special rules are included in the appendix.











12 and under

Figures

Figures will be drawn according to the World Aquatic Rules

Routines:

Solo Male/Female
Duet/Mixed Duet
Team/ Free Combination

Junior

Routines:

Technical Routines

- Solo Male/Female
- Duet / Mixed Duet
- Team

Free Routines

- Solo Male/Female
- Duet/Mixed Duet
- Team/Acrobatic Routine

Time Limits for Routines

	Solo (Male, Female)		Duet/Mixed Duet		Team		Acrobatic	Free
	Tech	Free	Tech.	Free/D	Tech.	Free/D	Routine	Combination
10U*				1:45		2:00		
12U**		2:00		2:30		3:00		3:00
Junior**	2:00	2:15	2:20	2:45	2:50	3:30	3:00	

^{*}Routine of Defined Elements. There shall be no minimum time limit

Calculation of the result:

10U 100 % Figures, 100 % Recommended E Routine

12 and under 100 % Figures + 100 % Free Routine

Junior 100 % Technical Routine; 100 % Free Routine

Free Combination Youth: 100 % Routine
Acrobatic Routine in Junior category: 100 % Routine







^{**}There shall be an allowance of five (5) seconds less or plus the allotted time for all routines.





Awards

Medals and diplomas will be awarded for 1st-3rd place in Figures and in all Technical, Free and Routine of Defined Elements events in all categories.

The victory ceremony will be held

- For the Hungarian National Championships
- For the Open Championships

Deviation from the Rules

• We accept entries of the following ages.

Age Groups	Woman	Man	
10 and under	10 and younger		
12 and under	12 and younger		
Junior	13-19 years of age	13-20 years of age	

- Entries only in Figures accepted
- No Finals are held even if there are more than 13 entries in a session.

Coach Card

Information will be provided after the entries have been received All Routines needed a Coach Card.

Music

The music of the routines **must be sent** via **Wetransfer** (<u>www.wetransfer.com</u>) to the address of the Federation (<u>hungary.synchro@gmail.com</u>) **until 20 March** in MP3 or WAV format.

Please take the music with you on a USB stick and hand it to the music man before the competition starts. All music could be on <u>one USB per club</u>. Different age groups should be in different directories, the music of the routines should be titled as follows:

Solo and Duet:" Club Age Group Solo/Duet Competitor(s)"

Team and Combination:" Club Age Group Team/Combination"











Draw: 02 April 2025

The draws for Routines will be divided into two parts:

- Hungarian National Championships: These groups will compete in the second part of the competition in the drawn order.
- Open Championships: These groups will compete in the first part of the competition in the drawn order.

Provisional program (Subject to change upon entries.):

Saturday: Figures, Junior Technical Routines (Solo, Duet, Team)

Routine of Defined Elements 10U

Solo: 12U, Junior

Free Combination: 12U

Acrobatic Routine: Junior

Sunday: Duet: 12U, Junior

Team: 12U, Junior











Accommodation with half board

The price also including entry fee, airport transfer and daily one hotel- swimming pool- hotel transfer.



Single room: 165 EUR/ person/ night

Double room: 130 EUR/ person/ night

Accommodation is provided on a **first come first served basis**. If you would like to take the official accommodation, please take the high season and the very limited capacity of the hotel into consideration. Please send your booking ASAP.

Only bookings received by March 13 will be accepted.

Payment: 100% until 13 March via bank transfer.

Cancellation policy: After 13 March, the cancellation fee is 100%.













Visa: Assistance is provided on demand.

Entries:

Online exclusively until 20 March midnight (24:00) via https://nevezes.mszusz.hu/en/

Registration is now open, and the entry procedure will open from 03 March.

Please register in time, before the entry process begins.

In solo event allowed maximum 2 solos/ event/ club/ age category

Entry fee: For those who do not take the official accommodation:

- Figures only: 30 EUR/ athlete/ age group
- General entry fee: 55 EUR/ /athlete/ age group

- Solos: general entry fee (55 EUR) + 35 EUR solo entry fee/ age group

Key dates				
Accommodation form	13 March	Only if you need the official accommodation (email to: hungary.synchro@gmail.com)		
Travel form	13 March	Only if you need the official accommodation (email to: hungary.synchro@gmail.com)		
Final entry	20 March	https://nevezes.mszusz.hu/en/		
Coach Card		Information after the entries		
Officials form	20 March	Mail to: hungary.synchro@gmail.com		
Invoice data sheet	20 March	Mail to: hungary.synchro@gmail.com		

COVID-19

• In the case of illness and quarantine, the OC cannot bear the costs, which must always be paid by the delegation concerned. It is strongly recommended that you take out **insurance** to cover additional hotel, transfer, and hospital costs.











- The physical distance of 1.5-meter minimum must be respected at **all times.**
- If you are vaccinated against COVID-19, please bring the evidence with you.
- In case of change updated detailed rules will be sent 2 weeks before the competition.
- Please check the entry rules: <u>Consular Services (kormany.hu)</u>





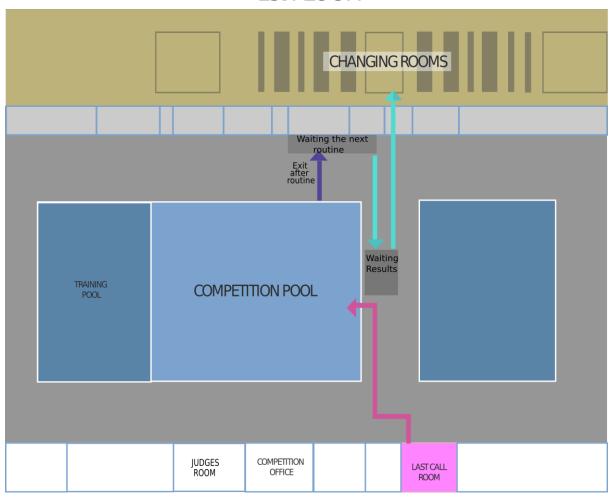






Venue plan:

1st FLOOR



Contact

E-mail: hungary.synchro@gmail.com

If you have further questions do not hesitate to contact us.

Looking forward to seeing you in Hungary!





