



The Swimming Federation
of Latvia - member of World
Aquatics

***Artistic Swimming Clinic for Coaches and judges (on site)* to be conducted by the Swimming Federation of Latvia in Riga, Latvia on January 11-12, 2025. We welcome National federations of Baltic States and Europe to nominate their participants to the clinic.**

The aim of the clinic is to provide invaluable training for professionals in line with the most recent updates to competitive artistic swimming regulations.

The clinic is led by the professional artistic swimming referee (judge and Technical Controller) **Ms. Ana Montero Pacheco, Spain.**

Course information

This course is designed for artistic swimming coaches and judges seeking to deepen their understanding of the latest updates to the rules and regulations which get in force from January 2025. Participants will gain insight into the revised Table of Difficulty (ToD), new synchronization and acrobatic guidelines, and hands-on practice with the updated Coach Cards. The curriculum is tailored to ensure coaches and judges are equipped to apply these changes effectively in both competitive and training environments.

Place: Deglava Biznesa centrs/Deglava biroji, Augusta Deglava iela 66, Latgales priekšpilsēta, Rīga, LV-1082

Time: January, 11-12, 2025

Participation fee: 100 EUR

Language: English

Minimum requirements for participants: coaching and judge experience, conversational English.



Schedule	
11.01.2025	Saturday
10:00-13:30	Analysis of the updated table of difficulty of elements
13:30-15:00	Lunch
15:00-19:30	Acrobatic Catalogue, Synchronization Guide
12.01.2024	Sunday
08:00-10:15	Practice Coach Cards

PLEASE CONTACT

Alona Fokina, +371 26084474, alona.fokina@swimming.lv

The President of the Swimming Federation of Latvia