

## Nordic Championships in Artistic Swimming – RULES

1. Nordic Championships in Artistic Swimming will be organized every year in age groups Youth, Junior and Senior.
2. Nordic Championships in Artistic Swimming may be organized in connection with existing national championships.
3. Nordic Championships in Artistic Swimming may be organized open to all World Aquatics federations and clubs.
4. Each Nordic Federation will have their turn in organizing the Nordic Championships in Artistic Swimming.
  - 4.1. Denmark would be starting the rotation of the Nordic Championships in May 2024 in Juniors and Seniors.
5. Each national team or club that is affiliated to their national federation may participate in each category with three Solos, Male Solos, Duets, Mixed duets, Teams, Free combinations and Acrobatic routines.
6. There will be 12 medal events in Juniors and Seniors : Solo Tehcnical, Solo Free, Male Solo Technical, Male Solo Free, Duet Technical, Duet Free, Mixed Duet Technical, Mixed Duet Free, Team Technical, Team Free, Free Combination and Acrobatic Routine.
  - 6.1. In Free Combination for Juniors and Seniors – the same rules as for Youth, but no restriction to the Degree of Difficulties of the Acros.
7. In Youth category there will be 8 medal events: Figures, Solo Free, Male Solo Free, Duet Free, Mixed Duet Free, Team Free, Free Combination and Acrobatics. In Solo Free, Male Solo Free, Duet Free, Mixed Duet Free and Team Free the results are the sum of Free routine and Figures.
  - 7.1. In Youth category the Figure group A, B or C is drawn and all athletes will perform all four (4) figures.
  - 7.2. In Youth category Acrobatics the DD of each Acro shall not be higher as set in WAQ rules.
8. Solo Technical and Solo Free are for female athletes, Male Solo Technical and Male Solo Free are for male athletes, in Mixed Duet Technical and Mixed Duet Free one athlete has to be male and one athlete female. All other events are open to all genders.
9. NSF-medals will be awarded in one category – f. ex. gold – ISL, silver Rotation club from FAR, prnze roll-over club from NOR etc.
10. The championships will be run with the existing WAQ rules and the rules of NSF.
11. The host federation/club will provide the Referee, the Chief Recorder, DTC and other officials, preferably from the existing WAQ/LEN-list
12. Each participating federation/club shall bring judges, DTCs and STCs to the competition, preferably from the existing WAQ/LEN-list.
13. The host federation is asked to bring in a WA evaluator who will give the feedback to the officials.