



INVITATION

Open Short Course MASTERS CHAMPIONSHIPS



Aalto Alvari

28.-30.3.2025

Jyväskylän Aalto and Aquatics Finland
invites you to join Open Short Course
Masters Championships in swimming

8 lanes, 25m

Automatic timekeeping

Age groups

Agegroups individual events:

A (25-29 v.) = 2000-1996
B (30-34 v.) = 1995-1991
C (35-39 v.) = 1990-1986
D (40-44 v.) = 1985-1981
E (45-49 v.) = 1980-1976
F (50-54 v.) = 1975-1971
G (55-59 v.) = 1970-1966
H (60-64 v.) = 1965-1961
I (65-69 v.) = 1960-1956
J (70-74 v.) = 1955-1951
K (75-79 v.) = 1950-1946
L (80-84 v.) = 1945-1941
M (85-89 v.) = 1940-1936
N (90-94 v.) = 1935-1931
O (95-99 v.) = 1930-1926

Age groups in relays:

Sum of the age turned in 2025 for each swimmer in team

A = 100-119 v.
B = 120-159 v.
C = 160-199 v.
D = 200-239 v.
E = 240-279 v.
F = 280-319 v.
G = 320-359 v.

speedo 

UIMALIITTO
SIMFÖRBUNDET AQUATICS FINLAND



SOKOS  HOTELS

Program

Friday

1. Mix 4*50 MEDLEY RELAY
2. W 50 FLY
3. M 50 FLY
4. W 1500 FREE
5. M 800 FREE

Saturday Morning

6. M 200 FLY
7. W 200 FLY
8. M 50 BREAST
9. W 50 BREAST
10. M 100 FREE
11. W 100 FREE
12. M 400 IND. MEDLEY
13. W 400 IND. MEDLEY
14. M 100 BACK
15. W 100 BACK
16. M 4*50 FREE RELAY
17. W 4*50 FREE RELAY

Saturday Evening

18. W 200 BREAST
19. M 200 BREAST
20. W 400 FREE
21. M 400 FREE
22. W 100 IND. MEDLEY
23. M 100 IND. MEDLEY
24. W 200 BACK
25. M 200 BACK
26. W 50 FREE
27. M 50 FREE
28. W 4*50 MEDLEY RELAY
29. M 4*50 MEDLEY RELAY

Sunday Morning

30. M 4*100 MEDLEY RELAY
31. W 4*100 MEDLEY RELAY
32. M 50 BACK
33. W 50 BACK
34. M 200 IND. MEDLEY
35. W 200 IND. MEDLEY
36. M 100 BREAST
37. W 100 BREAST
38. M 200 FREE
39. W 200 FREE
40. M 100FLY
41. W 100FLY
42. Mix 4*50 FREE RLEAY

Schedule

	Morning	Evening
Friday		at 17.00 (warm up 15.30-16.50)
Saturday	at 9.30 (warm up 8.00-9.20)	at 16..30 (warm up 15.00-16.20)
Sunday	klo 10.00 (warm up 8.30-9.50)	

Registrations

Registration shall be made no later than **19th of March** in TEMPUS or by email: kilpailut@swim.fi

Competitors has to have a valid license to be able to compete!

If a swimmer doesn't have statistics time (in Tempus) for distances **400 meters and longer**, you have to inform the estimated time either in Tempus while enrolling to the competition or by email when doing the entry. You can not participate with 0:00.00 time for 400 meters and longer events!

For the Team Relays, you have to inform the estimated time while registration. The final Team members names and time for the relays has to be informed at the spot latest 1 hour before a session if changes.

Late registrations

After deadline (19.3.2025), the registration is still possible. You may still enroll the entries in Tempus or by email: kilpailut@swim.fi

Late registration is possible until 1 hour before the first session. The late entry fee is 5 times bigger (55€) than a start fee.

In technical problems you may contact to Aquatics Finland: kilpailut@uimaliitto.fi



Start Fee

Start fee is **11,00 € / start**, which needs to be paid at the same time when executing the registration in Tempus (or email).

Payment information :

Name of the payment receiver: Jyväskylän Aalto

IBAN: FI18110453000178979

Please write the name of the club and how many starts in text field if possible.
Make sure you have the payment receipt with you when entering the competition arena.

Cancellations

You are allowed to cancel your enrollment. Cancellation must be done written latest 1 hour before each session. In case you forgot to cancel and still are not starting the organizer has the possibility to fine you with 10 x start fee (110€).

Team Leaders Meeting

There won't be separate Team Leaders meeting, but each Club HAS TO provide a name of the Clubs Team Leader. He/She is responsible for cancellations, relays swimmers naming and other things that concerns the Club. Team Leader will be the one picking up the keys from Competition Office when arriving to the venue.

Accommodation

Original Sokos Hotel Alexandra, Jyväskylä:

- Single room 109 € / room / night
- Twin room 109 € / room / night
- Twin with extra bed 119 € / room / night
- 4-persons room 129 € / room / night

Reservation code: **BUIMAL25**

Phone +358 300 870 000 | Email: sokos.hotels@sok.fi

From web page: www.sokoshotels.fi

Lunch

There is possibility to pre book lunches from Monnari Lunch Cafeterian which is located near by building.

Price 10 €/lunch.

Information & reservation (in Finnish) can be found in February here: <https://urly.fi/3G8r>.

Contact

Local Club: Jyväskylän Aalto | kilpailut@swim.fi | www.swim.fi | puh. +358 40 1722 288

Aquatics Finland: kilpailut@uimaliitto.fi

Welcome!



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speedo

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SOKOS **HOTELS**