



CHRISTMAS PRIZE PRAGUE 2024

41st International Meeting
in Artistic Swimming
29. 11. - 1. 12. 2024

A. General Conditions

ORGANIZER: Czech Swimming Federation and SK Neptun, z. s.

- Director: Jolana Semencová
- Referee: Jana Vidlařová
- General Secretary: Kateřina Razima
- Results: Ondřej Cibulka

DATE: 29. 11. – 1. 12. 2024

PLACE:

- **ONLY ON FRIDAY** – Figures YOUTH 13-15
 - Hloubětínská 80, 198 00 Prague 9 - Hloubětín, Czech Republic, 25 m indoor pool (25m x 12m x 1,4 m – 3,6m)
- **ON SATURDAY and ON SUNDAY** – Technical and free routines
 - Podolská 74, 147 00 Prague 4 – Plavecký stadion Podolí, 50 m indoor pool (50 m x 25 m x 2,5 m – 4,5 m)

ENTERIES: Entries should be made as soon as possible and send to e-mail: competition.neptun@gmail.com, bearing in mind the deadlines below:

- Preliminary entry no later than: **23.10.2024**
- Final entry no later than: **14.11.2024**

Priority for the competition will be given to those competitors who register first (including pre-entry).

FILES:

- **COACH CARD**
 - Send the coach card for each routine separately.
 - To email: competition.neptun@gmail.com, by **14. 11. 2024** with the title **CC_country_club_category_discipline_surname** (for example: CC_CZE_NepP_YOUTH_FREE DUET_Ridelova_Smejova)

DRAW:

- Start list (figures, technical and free routines): **25. 11. 2024** at 8:00, Hloubětínská 80, Prague 9 – Hloubětín

Start lists will be uploaded on google drive.

ENTRY FEE:

- | | |
|------------------------------------|----------------------|
| • Figures | 400 CZK |
| • Solo free and technical | 650 CZK per routine |
| • Duet/Duet mix free and technical | 900 CZK per routine |
| • Team free and technical, Acro | 2000 CZK per routine |
| • Combination free | 2600 CZK per routine |

The fee is triple after the final entry date.

Invoicing will be done based on entries of Thursday **28. 11. 2024, 15:00 CET.**

- Each club must bring officials:
 - 1-5 competitors – minimum 1 judge or technical controller
 - 6 and more competitors - minimum 2 judges or technical controllers or mix

Judges are asked to wear their own white t-shirt, black trousers or skirts below the knee and black shoes.

INFORMATION ABOUT COMPETITION:

- competition.neptun@gmail.com
Google drive:
https://drive.google.com/drive/folders/19HUY_poCayxLPG8nxsap3NfmMuR2CXn
- [+420 731 38 3207](tel:+420731383207), or [+420 777 556 515](tel:+420777556515) (WhatsApp only!)

B. Technical Conditions

The competition is open to sports clubs and national teams.

The competition is governed by World Aquatics rules 2022 – 2025, version that **will be valid from 1.1.2025 and currently being developed.**

DISCIPLINES:

- **12U (only free routines, no figures) ***
 - *Swimmers born in - F 2012 – 2017, M: 2012 – 2017*
 - Free team 3:00 ± 5 sec 100 %
 - **Youth 13-15 ***
 - *Swimmers born in - F: 2009 – 2012, M: 2008 – 2012*
 - Figures 100 %
 - Each competitor will swim **2 figures**:
 - ✓ 356f – Whip, Continuous Spin 720°
 - ✓ 308h - Barracuda Airborne Split, Spin Up 180°
 - Free solo F/M 2:00 ± 5 sec 100 %
 - Free duet/mixed duet 2:30 ± 5 sec 100 %
 - Free team 3:00 ± 5 sec 100 %
- The final results are the sum of the figures and free routines.*
- Free combination 3:00 ± 5 sec 100%
- **Seniors ***
 - *Swimmers born in 2009 and older*
 - **Technical routines**
 - Solo F/M 2:00 ± 5 sec 100 %
 - Due/Mixed duet 2:20 ± 5 sec 100 %
 - Team 2:50 ± 5 sec 100 %
 - **Free routines**
 - Solo F/M 2:15 ± 5 sec 100 %
 - Duet/Mixed duet 2:45 ± 5 sec 100 %
 - Team 3:30 ± 5 sec 100 %
 - Acrobatic routine 3:00 ± 5 sec 100 %

* *There is no final.*

SWIMSUIT: WAQ 2022 – 2025

PROTEST: WAQ 2022 - 2025

PRIZES: Competitors in 1st - 3rd place will receive medals.

MUSIC: Please send music for each line-up by **14. 11. 2024** to the email:
music.skneptun@gmail.com in mp3 format with the title:
country_club_category_discipline_surname.mp3 (for example: CZE_NepP_YOUTH_FREE
DUET_Ridelova_Smejova.mp3).

PRESENTATION:

- Youth: On Friday before the figure competition (Prague 9, Hloubětín)
- 12U, Seniors: On Saturday morning (Prague 4, Podolí)

A refundable key deposit will be collected 1000 CZK or 40 EUR / per club.

For each lost key we will charge 500 CZK or 20 EUR.

C. Preliminary Time Schedule

- Friday 12:00 – 20:00
 - Presentation for Youth
 - Warm up for figures
 - Youth figures
- Saturday 8:00 – 20:00
 - Presentation for 12U, Senior
 - Free and technical routines
- Sunday 8:00 – 20:00
 - Free and technical routines

D. Other

LUNCH:

- On Saturday and Sunday there is a possibility to order lunch. There will be a choice of two meals (with meat or without meat).

On Saturday

- a. Chicken slice baked with mozzarella and tomatoes
- b. Couscous with tofu and vegetables

On Sunday

- c. Pasta with Bolognese sauce
- d. Pasta salad with eggs and walnuts

- **Ordering is only possible here via google forms (binding number):**

https://docs.google.com/forms/d/e/1FAIpQLSffhjkja_kbaGs6094916jebK6bYcKipioSN1G7Q6oLDgNFg/viewform

- **No later than 14. 11. 2024**

- Price **250 CZK** / lunch - meals will be invoiced together with entry fee.

ACCOMMODATION:

- The organizer doesn't manage hotel bookings.
- The closest hotels are (Prague 4, Podolí):
 - Hotel BOHEMIANS
 - Hotel Sanssouci
 - Minihotel Vitex
 - Hotel Coronet
 - Pension Akat

TRANSPORT FROM AND TO THE STATION AND LOCAL TRAVELING:

- The organizer doesn't manage transport. We recommend using public transport.

VISAS:

- If you need visas to enter the Czech Republic, please send us ASAP the request.

Prague,
21. 10. 2024

Jolana Semencová
SK Neptun, z. s.