

Local swimming clubs of Tampere are organizing



TAMPERE OPEN SWIMMING CHAMPIONSHIPS

10th – 11th of May 2025 in Tampere Swimming Centre

Competition pool: 50 metres, 8 lanes, automatic OMEGA Timing

Warm up pool: 25 metres, 6 lanes

PROGRAM AND QUALIFICATION STANDARDS

Saturday at 10.00 (Warm up at 8.30), heats and 400 m timed final, slow heats

			Entry time, 50m pool	Entry time, 25m pool
1.	Men	4x50m free		
2.	Women	4x50m free		
3.	Men	200 m BACK	2:36,00	2:28,90
4.	Women	200 m BACK	2:46,00	2:38,90
5.	B-14	100 m FREE	1:16,00	1:14,20
6.	G-13	100 m FREE	1:17,00	1:15,20
7.	B-16	100 m FREE	1:07,00	1:05,20
8.	G-15	100 m FREE	1:13,00	1:11,20
9.	Men	100 m FREE	1:00,00	58,20
10.	Women	100 m FREE	1:07,00	1:05,20
11.	Men	50 m BACK	33,09	31,59
12.	Women	50 m BACK	36,00	34,50
13.	Men	200 m BUTTERFLY	2:42,00	2:36,60
14.	Women	200 m BUTTERFLY	2:55,00	2:49,60
15.	B-14	100 m BREAST	1:41,00	1:37,90
16.	G-13	100 m BREAST	1:42,00	1:38,90
17.	B-16	100 m BREAST	1:30,00	1:26,90
18.	G-15	100 m BREAST	1:35,00	1:31,90
19.	Men	100 m BREAST	1:21,00	1:17,90
20.	Women	100 m BREAST	1:28,00	1:24,90
23.	Men	50 m BUTTERFLY	31,00	30,40
24.	Women	50 m BUTTERFLY	34,00	33,40
25.	Men	200 m FREE	2:12,00	2:07,60
26.	Women	200 m FREE	2:26,00	2:21,60
21.	Men	400 m IM, timed final, slow heats	5:30,00	5:17,20
22.	Women	400 m IM, timed final, slow heats	5:50,00	5:37,20

Saturday at 18.00 (Warm up at 16.30), Finals and 400 m fastest heat

1.	Men	4x50m free		
2.	Women	4x50m free		
3.	Men	200 m BACK		
4.	Women	200 m BACK		
5.	B-14	100 m FREE		
6.	G-13	100 m FREE		
7.	B-16	100 m FREE		
8.	G-15	100 m FREE		
9.	Men	100 m FREE		
10.	Women	100 m FREE		
11.	Men	50 m BACK		
12.	Women	50 m BACK		
13.	Men	200 m BUTTERFLY		
14.	Women	200 m BUTTERFLY		
15.	B-14	100 m BREAST		
16.	G-13	100 m BREAST		
17.	B-16	100 m BREAST		
18.	G-15	100 m BREAST		
19.	Men	100 m BREAST		
20.	Women	100 m BREAST		
21.	Men	400 m IM, fastest heat		
22.	Women	400 m IM, fastest heat		
23.	Men	50 m BUTTERFLY		
24.	Women	50 m BUTTERFLY		
25.	Men	200 m FREE		
26.	Women	200 m FREE		



Sunday at 10.00 (Warm up at 8.30), heats and 400 m timed final, slow heats

		Entry time 50m pool	Entry time, 25m pool
27. Men	4x50m medley		
28. Women	4x50m medley		
29. Men	200 m BREAST	2:54,00	2:47,40
30. Women	200 m BREAST	3:12,00	3:05,40
31. B-14	100 m BACK	1:29,00	1:25,70
32. G-13	100 m BACK	1:30,00	1:26,70
33. B-16	100 m BACK	1:20,00	1:16,70
34. G-15	100 m BACK	1:25,00	1:21,70
35. Men	100 m BACK	1:13,00	1:09,70
36. Women	100 m BACK	1:20,00	1:16,70
37. Men	50 m BREAST	37,50	36,50
38. Women	50 m BREAST	41,50	40,50
39. Men	200 m IM	2:36,00	2:30,20
40. Women	200 m IM	2:49,00	2:43,20
41. B-14	100 m BUTTERFLY	1:27,00	1:25,40
42. G-13	100 m BUTTERFLY	1:28,00	1:26,40
43. B-16	100 m BUTTERFLY	1:18,00	1:16,40
44. G-15	100 m BUTTERFLY	1:22,00	1:15,40
45. Men	100 m BUTTERFLY	1:10,00	1:08,40
46. Women	100 m BUTTERFLY	1:17,00	1:15,40
49. Men	50 m FREE	28,00	27,20
50. Women	50 m FREE	31,00	30,20
47. Men	400 m free, timed final, slow heats	4:43,00	4:33,90
48. Women	400 m free, timed final, slow heats	5:08,00	4:58,90

Sunday at 18.00 (Warm up at 16.30), Finals and 400 m fastest heat

27. Men	4x50m medley		
28. Women	4x50m medley		
29. Men	200 m BREAST		
30. Women	200 m BREAST		
31. B-14	100 m BACK		
32. G-13	100 m BACK		
33. B-16	100 m BACK		
34. G-15	100 m BACK		
35. Men	100 m BACK		
36. Women	100 m BACK		
37. Men	50 m BREAST		
38. Women	50 m BREAST		
39. Men	200 m IM		
40. Women	200 m IM		
41. B-14	100 m BUTTERFLY		
42. G-13	100 m BUTTERFLY		
43. B-16	100 m BUTTERFLY		
44. G-15	100 m BUTTERFLY		
45. Men	100 m BUTTERFLY		
46. Women	100 m BUTTERFLY		
47. Men	400 m free, fastest heat		
48. Women	400 m free, fastest heat		
49. Men	50 m FREE		
50. Women	50 m FREE		

AGE GROUPS

Age groups for 100m events

Men and Women Year of birth 2008 and older

Junior 16-14 Year of birth 2009-2011

Youth Girls 13- Year of birth 2012 and younger

COMPETITION PROGRAM

Organizer reserves right to divide heats of the morning session to A- and B-flight. In case of two flights, three / four fastest heats of all events shall be completed first. Remaining heats shall start immediately after the completion of 400m events. Remaining heats shall be completed in the order set in competition program.



ENTRIES AND QUESTIONS RELATING TO ENTRIES

Entries by email no later than 5th of May 2025: kirsi.heittokangas@outlook.com

QUALIFICATION STANDARDS

Qualification standards are for 50 m an 25m course. Entry times should not be older than 10th of May 2023.

ENTRY FEES

Entry fee of **13 Euros** for each start shall be paid by 5th of May 2025 using bank transfer.

Document of the payment shall be verified at the venue. Payment details:

Uinti Tampere

IBAN: FI45 1745 3000 2632 79

BIC/SWIFT: NDEAFIHH

INFORMATION

Mrs. Kirsi Heittokangas email: kirsi.heittokangas@outlook.com

Mr. Jussi Saukko email: jussi.saukko79@gmail.com

MEALS

During the competition meals can be bought to the café at the swimming centre.

More information and pre-order for the meals from email: kaleva@kahvila-tampere.fi

WELCOME TO TAMPERE