

Local swimming clubs of Tampere are organizing

# TAMPERE OPEN SWIMMING CHAMPIONSHIPS

10th – 11th of May 2025 in Tampere Swimming Centre



Competition pool: 50 metres, 8 lanes, automatic OMEGA Timing

Warm up pool: 25 metres, 6 lanes

## PROGRAM AND QUALIFICATION STANDARDS

### Saturday at 10.00 (Warm up at 9.00), heats and 400 m timed final, slow heats

			Entry time, 50m pool	Entry time, 25m pool
3.	Men	200 m BACK	2:36,00	2:28,90
4.	Women	200 m BACK	2:46,00	2:38,90
5.	B-14	100 m FREE	1:16,00	1:14,20
6.	G-13	100 m FREE	1:17,00	1:15,20
7.	B-16	100 m FREE	1:07,00	1:05,20
8.	G-15	100 m FREE	1:13,00	1:11,20
9.	Men	100 m FREE	1:00,00	58,20
10.	Women	100 m FREE	1:07,00	1:05,20
11.	Men	50 m BACK	33,09	31,59
12.	Women	50 m BACK	36,00	34,50
13.	Men	200 m BUTTERFLY	2:42,00	2:36,60
14.	Women	200 m BUTTERFLY	2:55,00	2:49,60
15.	B-14	100 m BREAST	1:41,00	1:37,90
16.	G-13	100 m BREAST	1:42,00	1:38,90
17.	B-16	100 m BREAST	1:30,00	1:26,90
18.	G-15	100 m BREAST	1:35,00	1:31,90
19.	Men	100 m BREAST	1:21,00	1:17,90
20.	Women	100 m BREAST	1:28,00	1:24,90
23.	Men	50 m BUTTERFLY	31,00	30,40
24.	Women	50 m BUTTERFLY	34,00	33,40
25.	Men	200 m FREE	2:12,00	2:07,60
26.	Women	200 m FREE	2:26,00	2:21,60
1.	Men	4x50m free		
2.	Women	4x50m free		
21.	Men	400 m IM, timed final, slow heats	5:30,00	5:17,20
22.	Women	400 m IM, timed final, slow heats	5:50,00	5:37,20

### Saturday at 18.00 (Warm up at 17.00), Finals and 400 m fastest heat

1.	Men	4x50m free
2.	Women	4x50m free
3.	Men	200 m BACK
4.	Women	200 m BACK
5.	B-14	100 m FREE
6.	G-13	100 m FREE
7.	B-16	100 m FREE
8.	G-15	100 m FREE
9.	Men	100 m FREE
10.	Women	100 m FREE
11.	Men	50 m BACK
12.	Women	50 m BACK
13.	Men	200 m BUTTERFLY
14.	Women	200 m BUTTERFLY
15.	B-14	100 m BREAST
16.	G-13	100 m BREAST
17.	B-16	100 m BREAST
18.	G-15	100 m BREAST
19.	Men	100 m BREAST
20.	Women	100 m BREAST
21.	Men	400 m IM, fastest heat
22.	Women	400 m IM, fastest heat
23.	Men	50 m BUTTERFLY
24.	Women	50 m BUTTERFLY
25.	Men	200 m FREE
26.	Women	200 m FREE



**Sunday at 10.00 (Warm up at 9.00), heats and 400 m timed final, slow heats**

		Entry time 50m pool	Entry time, 25m pool
29. Men	200 m BREAST	2:54,00	2:47,40
30. Women	200 m BREAST	3:12,00	3:05,40
31. B-14	100 m BACK	1:29,00	1:25,70
32. G-13	100 m BACK	1:30,00	1:26,70
33. B-16	100 m BACK	1:20,00	1:16,70
34. G-15	100 m BACK	1:25,00	1:21,70
35. Men	100 m BACK	1:13,00	1:09,70
36. Women	100 m BACK	1:20,00	1:16,70
37. Men	50 m BREAST	37,50	36,50
38. Women	50 m BREAST	41,50	40,50
39. Men	200 m IM	2:36,00	2:30,20
40. Women	200 m IM	2:49,00	2:43,20
41. B-14	100 m BUTTERFLY	1:27,00	1:25,40
42. G-13	100 m BUTTERFLY	1:28,00	1:26,40
43. B-16	100 m BUTTERFLY	1:18,00	1:16,40
44. G-15	100 m BUTTERFLY	1:22,00	1:15,40
45. Men	100 m BUTTERFLY	1:10,00	1:08,40
46. Women	100 m BUTTERFLY	1:17,00	1:15,40
49. Men	50 m FREE	28,00	27,20
50. Women	50 m FREE	31,00	30,20
27. Men	4x50m medley		
28. Women	4x50m medley		
47. Men	400 m free, timed final, slow heats	4:43,00	4:33,90
48. Women	400 m free, timed final, slow heats	5:08,00	4:58,90

**Sunday at 18.00 (Warm up at 17.00), Finals and 400 m fastest heat**

27. Men	4x50m medley
28. Women	4x50m medley
29. Men	200 m BREAST
30. Women	200 m BREAST
31. B-14	100 m BACK
32. G-13	100 m BACK
33. B-16	100 m BACK
34. G-15	100 m BACK
35. Men	100 m BACK
36. Women	100 m BACK
37. Men	50 m BREAST
38. Women	50 m BREAST
39. Men	200 m IM
40. Women	200 m IM
41. B-14	100 m BUTTERFLY
42. G-13	100 m BUTTERFLY
43. B-16	100 m BUTTERFLY
44. G-15	100 m BUTTERFLY
45. Men	100 m BUTTERFLY
46. Women	100 m BUTTERFLY
47. Men	400 m free, fastest heat
48. Women	400 m free, fastest heat
49. Men	50 m FREE
50. Women	50 m FREE

**AGE GROUPS**

Age groups for 100m events

Men and Women Year of birth 2008 and older

Junior 16-14 Year of birth 2009-2011

Youth Girls 13- Year of birth 2012 and younger

## COMPETITION PROGRAM

Organizer reserves right to divide heats of the morning session to A- and B-flight. In case of two flights, three / four fastest heats of all events shall be completed first. Remaining heats shall start immediately after the completion of 400m events. Remaining heats shall be completed in the order set in competition program.



## ENTRIES AND QUESTIONS RELATING TO ENTRIES

Entries by email no later than 5th of May 2025: [kirsi.heittokangas@outlook.com](mailto:kirsi.heittokangas@outlook.com)

## QUALIFICATION STANDARDS

Qualification standards are for 50 m an 25m course. Entry times should not be older than 10<sup>th</sup> of May 2023.

## ENTRY FEES

Entry fee of **13 Euros** for each start shall be paid by 5<sup>th</sup> of May 2025 using bank transfer.

Document of the payment shall be verified at the venue. Payment details:

### **Uinti Tampere**

**IBAN:** FI45 1745 3000 2632 79

**BIC/SWIFT:** NDEAFIHH

## INFORMATION

Mrs. Kirsi Heittokangas email: [kirsi.heittokangas@outlook.com](mailto:kirsi.heittokangas@outlook.com)

Mr. Jussi Saukko email: [jussi.saukko79@gmail.com](mailto:jussi.saukko79@gmail.com)

## MEALS

During the competition meals can be bought to the café at the swimming centre.

More information and pre-order for the meals from email: [kaleva@kahvila-tampere.fi](mailto:kaleva@kahvila-tampere.fi)

# WELCOME TO TAMPERE