



Artistic Swimming

Finnish Open Championships

**UIMA
LIITTO**
SIMFÖRBUNDET
AQUATICS FINLAND

25.-26.5.2024
Pirkkola swimming hall, Helsinki



Finnish Swimming Federation and Helsingin Uimarit Ry have a pleasure to invite all artistic swimmers to Finnish open championships in juniors and seniors on 25.-26.5.2024 at Pirkkola swimming hall!

Organizing club:	Helsingin Uimarit Ry
Time:	25.-26.5.2024
Place:	Pirkkola sports park swimming hall (Pirkkolan metsätie 6, Helsinki)
Referee:	Jana Vidlařová
Chief Recorder:	Petri Kekki
Difficulty controller (DTC):	Teea Pospiech
Competition coordinator:	Heidi Tuominen
Competition page:	Artistic Swimming Finnish Open Championships 2024 Helsingin Uimarit
Competition pool:	Indoor pool. Pool profile 1,5m-4m. 6x25m lanes.
Rules:	<p>The competition follows Finnish Swimming federation's rules and regulations as well as the current World Aquatics artistic swimming rules and World Aquatics General Rules.</p> <p>As an exemption in free combination these rules apply along with the WAQ artistic swimming rules and regulations:</p> <ul style="list-style-type: none">• LEN's rule: in free combination competition the youth-category rules apply. (Appendix III)• In acrobatics there are no limitations in the declared difficulty (dd). (Appendix V; required elements 2)
Participation:	In Finnish Championships rules 3.2.1 all competitors can swim in their own age category and in older.
License:	Every Finnish participant must have a valid Blue Card license. For other participants it is not required.
Registration:	<p>Preliminary entries must be sent latest on Saturday 20th of April.</p> <p>Final entries must be sent latest on Saturday 4th of May.</p> <p>Please use the entry form available on the competition website and send them via email (heidi.tuominen@helsinginuimarit.fi).</p>
Entry fees:	<u>Entry fees for the competition are:</u>

- Solos (technical and free) 25 € / routine
- Duets (technical and free) 35 € / routine
- Mixed duets (technical and free) 35 € / routine
- Team (technical and free) 80 € / routine
- Acrobatic routine 80 € / routine
- Free combination 100 € / routine

Payments must be made latest on 4th of May:

Receiver: Helsingin Uimarit Ry

Bank ID: Nordea FI68 1256 3000 0439 38

Message: ARTISTIC SWIMMING FINNISH OPEN CHAMPIONSHIPS / ENTRY FEES / CLUB'S NAME or FEDERATION

All payments will be checked before the competition and without payments swimmers can't start. The payments are tripled if the final entry is sent later than the informed date

Events:

The competition is held in the following events:

Junior	<ul style="list-style-type: none"> • Solo technical 100 % • Solo free 100 % • Male solo technical 100 % • Male solo free 100 % • Duet technical 100 % • Duet free 100 % • Mixed duet technical 100 % • Mixed mixed duet free 100 % • Team technical 100 % • Team free 100 % • Free combination 100 % • Acrobatic routine 100 %
Senior	<ul style="list-style-type: none"> • Solo technical 100 % • Solo free 100 % • Male solo technical 100 % • Male solo free 100 % • Duet technical 100 % • Duet free 100 % • Mixed duet technical 100 % • Mixed mixed duet free 100 % • Team technical 100 % • Team free 100 % • Free combination 100 % • Acrobatic routine 100 %

According to Finnish championship's rules every contestant must start all routines in each category they have been entered to. For example if a solo is entered to both junior and senior category it must be started in both categories as well.

Materials:

Coach cards must be uploaded to the club's folder latest on Saturday 4th of May. A link to the folder will be sent to the club's after the final entries. Please use the coach card template available at the competition page and name the files as:

Nationality_Club_agegroup_event_Team/Surname

Music files must be uploaded to the club's folder latest on Saturday 4th of May. A link to the folder will be sent to the club's after the final entries. Please name the files as:

Nationality_Club_agegroup_event_Team/Surname

Officials:

Every Finnish club should suggest names for judges, STC and DTC in the entry form. Foreign countries/clubs must bring at least one judge or STC or DTC at their own expense.

When final entry has passed, Finnish clubs will receive an official fee based on how many swimmers are competing from each club. The official fee covers each officials travel costs, food and accommodation costs. Extra officials are welcome to attend, but their expenses will not be covered by the official fee.

Warm up:

There is a warm up scheduled for each session in the competition pool. The warm ups are reserved only for the swimmers taking part in the current session. The education pool next to the competition pool is also available for warm up during the whole competition. We however ask to keep quiet when warming up during the competition.

There is no music warm up. All musics are tested shortly before each start.

Schedule:

Preliminary schedule of the competition:

Saturday 25.5.

9.00-9.30 judges' and team leaders' meeting

9.00-21.00 warm up and competition

Sunday 26.5.

9.00-9.30 judges' and team leaders' meeting

9.00-19.00 warm up and competition

- Start lists:** Start lists will be drawn 22th of May at 17.00 at Helsingin Uimarit's office (Laurinniityntie 2 C, Helsinki). There will also be a Teams link provided to watch the draw online as well.
- Awards:** There will be two separate competitions held in the competition: Finnish championships and open competition in which competitors from other countries can take part in.
- In both competitions places from 1st to 3rd will be awarded with medals and places from 1st to 6th with digital diplomas. In Finnish championships the medals awarded will be the Finnish championships ones.
- Transportation:** There is free parking space at Pirkkola swimming hall. There is however fencing Finnish championships held in Pirkkola sports park on the same weekend, so the parking space will most likely be very crowded.
- When arriving with public transportation there are buses that stop at Hämeenlinnanväylä or Pirkkolantie or with light rail line 15.
- Meals:** Clubs can book meals for the competition weekend at Jani's Sport Bar & Cafe, which is located in the swimming hall lobby. All meals must be reserved in advance by 11th of May through the link provided. Meals must be paid in advance and there will be an invoice sent to the club's who have reserved them. See attachment 2 for further information regarding the meals.
- Reservations for the competition meals: [Meal orders - ruokailutilaukset | Helsingin Uimarit](#)
- Accommodation:** Hotel Central Haaga offers a discount on stays for the participants of the competition in 20 minutes walking distance from the venue. A double room is available for 115 euros per night (normally 150 euros per night). The hotel is pretty busy on the competition weekend but there is a small number of rooms reserved for the competition participants.
- Bookings to Hotel Central Haaga can be made through the reception by calling (+358 9 5807877) or via email (hotel@haaga.fi). For the discounted price please mention the code "Taitouinnin SM-kilpailut/Artistic Swimming Finnish Championships" when booking your stay.
- Other accommodation options close by are Sokos Hotel Tripla and Scandic Pasila.
- Spectators:** Spectators must purchase a ticket to the competition. There are multiple ticket options available:
- One competition session (either morning or evening) 5 euros
 - One competition day 8 euros
 - Whole competition weekend 13 euros

Helsingin Uimarit's club members can purchase the tickets in advance in My Club. Further instructions will be sent to club members via email later on.

Other spectators can purchase tickets at the competition venue. Only card payments are accepted.

All participating club's or federations must include coaches and/or team leader's in the final entry. All coaches, team leaders and swimmers will receive accreditation passes when arriving to the competition venue. You may enter a maximum of two coaches or team leader's (all together) per one team for accreditation (max 12 swimmers).

Competition activities: Altaalle.com will have a stand in the swimming hall lobby on both competition days. You can purchase their products with either cash or card. The times when the stand will be open are to be announced on the competition page later on.

There will be snacks, beverages, coffee and tea available for the officials and coaches during the competition at the meeting room in the swimming hall lobby.

There will be a raffle organized on the competition venue. Further information will be updated to the competition page.

Attachments: Entry form (liite 1)

Advert for competition meals (liite 2)

Coach card -template (liite 3)

Contact person: Heidi Tuominen / heidi.tuominen@helsinginuimarit.fi

Cover photo credits: Janne Passi

Welcome to Pirkkola!