



# INVITATION

## Open Long Course MASTERS CHAMPIONSHIPS



Vantaa,  
Tikkurila  
Swimming hall

27.-29.10.2023

Vanders and Aquatics Finland invites you to join

Open Long Course Masters Championships  
in swimming

6 lanes, 50 meter

### Agegroups

#### Agegroups individual events:

A (25-29 y.) = 1998-1994  
B (30-34 y.) = 1993-1989  
C (35-39 y.) = 1988-1984  
D (40-44 y.) = 1983-1979  
E (45-49 y.) = 1978-1974  
F (50-54 y.) = 1973-1969  
G (55-59 y.) = 1968-1964  
H (60-64 y.) = 1963-1959  
I (65-69 y.) = 1958-1954  
J (70-74 y.) = 1953-1949  
K (75-79 y.) = 1948-1944  
L (80-84 y.) = 1943-1939  
M (85-89 y.) = 1938-1934  
N (90-94 y.) = 1933-1929  
O (95-99 y.) = 1928-1924

#### Agegroups in relays:

*Sum of the age at the end of 2023 for each swimmer in team*

A = 100-119 years  
B = 120-159 years  
C = 160-199 years  
D = 200-239 years  
E = 240-279 years  
F = 280-319 years  
G = 320-359 years

## Program

### FRI 27.10.2023

1. Mix 4 X 50 MEDLEY
2. W 400 IND. MEDLEY
3. M 400 IND. MEDLEY
4. W 800 FREE
5. M 1500 FREE

### SAT MORNING 28.10.2023

6. M 100 BACK
7. W 100 BACK
8. M 50 FLY
9. W 50 FLY
10. M 200 IND. MEDLEY
11. W 200 IND. MEDLEY
12. M 100 FREE
13. W 100 FREE
14. M 200 BREAST
15. W 200 BREAST
16. M 4 X 50 FREE
17. W 4 X 50 FREE

### SAT EVENING 28.10.2023

18. W 50 BREAST
19. M 50 BREAST
20. W 200 FREE
21. M 200 FREE
22. W 100 FLY
23. M 100 FLY
24. W 50 BACK
25. M 50 BACK
26. MIX 4 X 50 FREE

### SUN MORNING 29.10.2023

27. MIX 4 X 100 MEDLEY
28. M 100 BREAST
29. W 100 BREAST
30. M 200 BACK
31. W 200 BACK
32. M 50 FREE
33. W 50 FREE
34. M 200 FLY
35. W 200 FLY
36. M 4 X 50 MEDLEY
37. W 4 X 50 MEDLEY

## Schedule

	Morning	Evening
Friday		at 17.00 (warm up 15.30-16.50)
Saturday	at 9.30 (warm up 8.00-9.20)	at 16..00 (warm up 14.30-15.50)
Sunday	at 10.00 (warm up 8.30-9.50)	

## Entries

Entries can be done in TEMPUS or by email: [info@vanders.fi](mailto:info@vanders.fi)

**Last date for entries is 17th of October.** Competitors have to have a valid license to be able to compete.

If a swimmer doesn't have statistics time (in Tempus) for distances **400 meters and longer**, they have to inform the estimated time either in Tempus while enrolling to the competition or by email when doing the entry. **You can not participate with 0:00.00 time!**

Team members, their swimming order and the estimated time for the relay team has to be informed with the entry. Team may adjust their relay team members, swimming order and the age group at the spot until 1 hour before the session the relay takes place.

Late entries are possible after the actual entry time is finished until one hour before the first session starts. The late entry fee is 55€/event.

## Fees

Registration fee is **11,00 € / event**, which needs to be paid at the same time when executing the registration in Tempus (or email). Note! The club of the swimmer is responsible for the payment of the registration fees! No individual payments!

**Payment information** (for further details please contact [info@vanders.fi](mailto:info@vanders.fi)):

NAME: Uinti Vantaa ry

IBAN: FI05 4055 0011 9949 99

BIC: HELSFIHH

Please write the name of the club and how many starts in text field if possible.

Make sure you have the payment receipt with you when entering the competition arena.

## Cancellations

You are allowed to cancel your enrollment. Cancellation must be done written latest 1 hour before each session. In case of no show/DNS, the respective club will be fined 110€ for each no show! In case of sudden injury, etc., please contact the referee to avoid the fine.

## Team Leaders Meeting

There won't be separate Team Leaders meeting, but each Club HAVE TO provide a name of the Clubs Team Leader. He/She is responsible for cancellations, relays swimmers naming and other things that concerns the Club. Team Leader will be the one picking up the keys from Competition Office when arriving to the venue.

## Get Together Party on Saturday

Saturday 28.10.2023 Get together party with dinner & program at Sokos Hotel Vantaa. Further details from [www.vanders.fi](http://www.vanders.fi)

## Accommodation

Original Sokos Hotel Vantaa, 99€/single room, 114€/double room, 134€/double room + extra bed

Reservations: +358 300 870 000, [sokos.hotels@sok.fi](mailto:sokos.hotels@sok.fi) [www.sokoshotels.fi](http://www.sokoshotels.fi),

Reservation code: **BMASTERS2023**

## Lunc buffet

You may pre order lunch buffet for both Saturday and Sunday from Hotel Tikkurila, which is located next to the swimming pool. Buffet is served between 11.00-15.00.

Price: 11,50 €/person/lunch

Pre orders directly to Hotelli Tikkurila **latest 22.10.2023 by** email: [hotelli@hotellitikkurila.fi](mailto:hotelli@hotellitikkurila.fi).

Tel: +358 43 825 2928, [www.hotellitikkurila.fi](http://www.hotellitikkurila.fi)

## More information

Organising club: Vanders

<https://www.vanders.fi/masters-mestaruusuinnit/>

[info@vanders.fi](mailto:info@vanders.fi)

**WELCOME!!!**



**Tikkurila Swimming pool**  
**Valkoisenlähdeentie 50**  
**01300 Vantaa**