



organizes with the permission of the Finnish Swimming Association
national swimming competition.

Nääs-meet

26-Oct-2024 at 11.00 Tampere Swimming Centre

8 lines, 25m, electronic timing, warm-up start an hour before the start of the first event.

Program:

1.	M	200 m free	19.	M	200 m backstroke
2.	W	200 m free	20.	W	200 m backstroke
3.	B11, B14, M	50 m backstroke	21.	M	400 m ind. medley *
4.	G11, G14, W	50 m backstroke	22.	W	400 m ind. medley *
5.	B14, M	100 m butterfly	23.	B11, B14, M	50 m free
6.	G14, W	100 m butterfly	24.	G11, G14, W	50 m free
7.	B11, B14, M	50 m breaststr	25.	M	200 m butterfly
8.	G11, G14, W	50 m breaststr	26.	W	200 m butterfly
9.	B14, M	100 m backstroke	27.	B14, M	100 m ind. medley
10.	G14, W	100 m backstroke	28.	G14, W	100 m ind. medley
11.	M	800 m free **	29.	M	400 m free *
12.	W	800 m free **	30.	W	400 m free *
13.	M	200 m breaststr	31.	B14, M	100 m breaststr
14.	W	200 m breaststr	32.	G14, W	100 m breaststr
15.	B11, B14, M	50 m butterfly	33.	B14, M	200 m ind. medley
16.	G11, G14, W	50 m butterfly	34.	G14, W	200 m ind. medley
17.	B14, M	100 m free			
18.	G14, W	100 m free			

Events are swim directly as finals. The competition will be conducted under World Aquatics rules.

*) The organizer has the right to limit the number of competitors in events 21, 22, 29 and 30

***) Competitor to events 11 and 12 is limited to 16.

Registration needs to be done at the latest on Saturday **19-Oct-2024 23:59** either in Tempus or by email to kirsi.heittokangas@outlook.com

Registration fee is **13€ / start**. The fee is due before the competition to Uinti Tampere ry bank account IBAN **FI70 1783 3000 0027 53**

Please state the name of your club and number of starts in the payment message.

Late entries are possible if the estimated schedule permits it. The latest time for late entries is on Friday 25-Oct-2024 at 16:00. The late entry fee is three times the standard fee.

Withdrawal: Withdrawals for any events must be made by electronic app, instructions and QR-codes will be sent to the participating clubs after the registration closes. Withdrawals should be made no later than one hour before the start time of the competition.

Para-swimmers can participate in all events.

Enquiries by email: kirsi.heittokangas@outlook.com

Welcome to Tampere!
Uinti Tampere ry (UiTa)