

Vaasan Uimaseura - Vasa Simsällskap ry
arranges an open national swimming competition



Kvarken Games

At Vaasa swimming hall April 13th - 14th 2024, 50 meter pool, 8 lanes, omega timing.

Warm up in the competition pool begins one and half hour before each session.

All events are also para events

Saturday morning at 9:30

Warm up at 8:00-9:20

1.	F, G16, G13, G12, G11, G10	200m Freestyle
2.	M, B16, B13, B12, B11, B10	200m Freestyle
3.	F, G16, G13, G12, G11, G10, G9	50m Breastroke
4.	M, B16, B13, B12, B11, B10, B9	50m Breastroke
5.	F, G16, G13	200m Backstroke
6.	M, B16, B13	200m Backstroke
7.	F, G16, G13, G12, G11	100m Butterfly
8.	M, B16, B13, B12, B11	100m Butterfly
9.	F, G16, G13, G12, G11, G10	200m Medley
10.	M, B16, B13, B12, B11, B10	200m Medley
11.	F, G16, G13, G10	4x50 Freestyle
12.	M, B16, B13, B10	4x50 Freestyle

Saturday evening at 15:00

13.	F, G16, G13, G12, G11	400m Freestyle
14.	M, B16, B13, B12, B11	400m Freestyle
15.	F, G16, G13, G12, G11, G10, G9	50m Backstroke
16.	M, B16, B13, B12, B11, B10, B9	50m Backstroke
17.	F, G16, G13	200m Breastroke
18.	M, B16, B13	200m Breastroke
17.	F, G16, G13, G12, G11, G10	100m Freestyle
18.	M, B16, B13, B12, B11, B10	100m Freestyle
19.	F, G16, G13, G10	4x50 Medley
20.	M, B16, B13, B10	4x50 Medley

Sunday morning at 9:30

Warm up at 8:00-9:20

21.	M, B16, B13	1500m Freestyle
22.	F, G16, G13	1500m Freestyle
23.	M, B16, B13, B12, B11	100m Breastroke
24.	F, G16, G13, G12, G11	100m Breastroke
25.	M, G16, G13	200m Butterfly
26.	F, B16, B13	200m Butterfly

Break 45 min

27.	M, B16, B13, B12, B11, B10, B9	50m Freestyle
28.	F, G16, G13, G12, G11, G10, G9	50m Freestyle
29.	M, B16, B13	400m Medley
30.	F, G16, G13	400m Medley
31.	M, B16, B13, B12, B11	100m Backstroke
32.	F, B16, B13, B12, B11	100m Backstroke
33.	M, B16, B13, B12, B11, B10	50m Butterfly
34.	F, G16, G13, G12, G11, G10	50m Butterfly
35.	F, G16, G13, G10	4x100 Freestyle
36.	M, B16, B13, B10	4x100 Freestyle

Registration: should be made in Tempus by 6th of April. Registrations from abroad or requests for the event file (LENEX) via email to taina.reini-vierikko@vus.fi. Late entries are accepted if there is room for more swimmers without the need of more heats in the respective event. Late entry time window closes one hour before the start of the competition. Late entry fee is three times the regular starting fee.

Withdrawal: Withdrawals for any events must be made by electronic app, instructions and QR-codes will be sent to the participating clubs after the registration closes. Withdrawals should be made no later than one hour before start time of the respective competition session.

Prizes: There are prizes for the three best according to the invitation. Competitions organizing committee will make decisions regarding the prize ceremony's after the registration closes and reserves the right to make changes. Prize ceremony's will be held at the pool deck if the amount of entries and the preliminary time schedule allows it.

Starting fee 11 euros/start is due for payment before the registration period ends. The Vaasan Uimaseura bank account is AKTIA FI1549701040040665.

Dining options. For more information, visit VUS.fi closer to the date of the competition.

Other information: There is a possibility for lunch and dinner in the Vaasa Swimming hall. More information from:
Manager Taina Reini-Vierikko +358 45-279 2372, taina.reini-vierikko@vus.fi.
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www.vus.fi

Welcome to VAASA!