

Local swimming clubs of Tampere are organizing  
international FINA Approved Event



# TAMPERE OPEN SWIMMING CHAMPIONSHIPS

6th – 7th of May 2023 in Tampere Swimming Centre

Competition pool: 50 metres, 8 lanes, automatic OMEGA Timing

Warm up pool: 25 metres, 6 lanes

## PROGRAM AND QUALIFICATION STANDARDS

**Saturday May 6th at 10.00 (Warm up at 8.30), heats and 400 m timed final, slow heats**

|     |       |                                   | Entry time,<br>50m pool |
|-----|-------|-----------------------------------|-------------------------|
| 1.  | Men   | 4x50m free, Finnish Championships |                         |
| 2.  | Women | 4x50m free, Finnish Championships |                         |
| 3.  | Men   | 200 m BACK                        | 2.36,00                 |
| 4.  | Women | 200 m BACK                        | 2.46,00                 |
| 5.  | B-14  | 100 m FREE                        | 1.15,00                 |
| 6.  | G-13  | 100 m FREE                        | 1.17,00                 |
| 7.  | B-16  | 100 m FREE                        | 1.07,00                 |
| 8.  | G-15  | 100 m FREE                        | 1.13,00                 |
| 9.  | Men   | 100 m FREE                        | 1.00,00                 |
| 10. | Women | 100 m FREE                        | 1.07,00                 |
| 11. | Men   | 50 m BACK                         | 33,09                   |
| 12. | Women | 50 m BACK                         | 36,00                   |
| 13. | Men   | 200 m BUTTERFLY                   | 2.42,00                 |
| 14. | Women | 200 m BUTTERFLY                   | 2.55,00                 |
| 15. | B-14  | 100 m BREAST                      | 1.40,00                 |
| 16. | G-13  | 100 m BREAST                      | 1.42,00                 |
| 17. | B-16  | 100 m BREAST                      | 1.30,00                 |
| 18. | G-15  | 100 m BREAST                      | 1.35,00                 |
| 19. | Men   | 100 m BREAST                      | 1.21,00                 |
| 20. | Women | 100 m BREAST                      | 1.28,00                 |
| 23. | Men   | 50 m BUTTERFLY                    | 31,00                   |
| 24. | Women | 50 m BUTTERFLY                    | 34,00                   |
| 25. | Men   | 200 m FREE                        | 2.12,00                 |
| 26. | Women | 200 m FREE                        | 2.26,00                 |
| 21. | Men   | 400 m IM, timed final, slow heats | 5.30,00                 |
| 22. | Women | 400 m IM, timed final, slow heats | 5.50,00                 |

**Saturday May 6th at 18.00 (Warm up at 15.30), Finals and 400 m fastest heat**

|     |       |                                   |  |
|-----|-------|-----------------------------------|--|
| 1.  | Men   | 4x50m free, Finnish Championships |  |
| 2.  | Women | 4x50m free, Finnish Championships |  |
| 3.  | Men   | 200 m BACK                        |  |
| 4.  | Women | 200 m BACK                        |  |
| 5.  | B-14  | 100 m FREE                        |  |
| 6.  | G-13  | 100 m FREE                        |  |
| 7.  | B-16  | 100 m FREE                        |  |
| 8.  | G-15  | 100 m FREE                        |  |
| 9.  | Men   | 100 m FREE                        |  |
| 10. | Women | 100 m FREE                        |  |
| 11. | Men   | 50 m BACK                         |  |
| 12. | Women | 50 m BACK                         |  |
| 13. | Men   | 200 m BUTTERFLY                   |  |
| 14. | Women | 200 m BUTTERFLY                   |  |
| 15. | B-14  | 100 m BREAST                      |  |
| 16. | G-13  | 100 m BREAST                      |  |
| 17. | B-16  | 100 m BREAST                      |  |
| 18. | G-15  | 100 m BREAST                      |  |
| 19. | Men   | 100 m BREAST                      |  |
| 20. | Women | 100 m BREAST                      |  |
| 21. | Men   | 400 m IM, fastest heat            |  |
| 22. | Women | 400 m IM, fastest heat            |  |
| 23. | Men   | 50 m BUTTERFLY                    |  |
| 24. | Women | 50 m BUTTERFLY                    |  |
| 25. | Men   | 200 m FREE                        |  |
| 26. | Women | 200 m FREE                        |  |



**Sunday May 7th at 10.00 (Warm up at 8.30), heats and 400 m timed final, slow heats**

|           |  | Entry time,<br>50m pool |
|-----------|--|-------------------------|
| 27. Men   | 4x50m medley,<br>Finnish Championships |                         |
| 28. Women | 4x50m medley,<br>Finnish Championships |                         |
| 29. Men   | 200 m BREAST                           | 2.54,00                 |
| 30. Women | 200 m BREAST                           | 3.12,00                 |
| 31. B-14  | 100 m BACK                             | 1.28,00                 |
| 32. G-13  | 100 m BACK                             | 1.30,00                 |
| 33. B-16  | 100 m BACK                             | 1.20,00                 |
| 34. G-15  | 100 m BACK                             | 1.25,00                 |
| 35. Men   | 100 m BACK                             | 1.13,00                 |
| 36. Women | 100 m BACK                             | 1.20,00                 |
| 37. Men   | 50 m BREAST                            | 37,50                   |
| 38. Women | 50 m BREAST                            | 41,50                   |
| 39. Men   | 200 m IM                               | 2.36,00                 |
| 40. Women | 200 m IM                               | 2.49,00                 |
| 41. B-14  | 100 m BUTTERFLY                        | 1.26,00                 |
| 42. G-13  | 100 m BUTTERFLY                        | 1.28,00                 |
| 43. B-16  | 100 m BUTTERFLY                        | 1.18,00                 |
| 44. G-15  | 100 m BUTTERFLY                        | 1.23,00                 |
| 45. Men   | 100 m BUTTERFLY                        | 1.10,00                 |
| 46. Women | 100 m BUTTERFLY                        | 1.17,00                 |
| 49. Men   | 50 m FREE                              | 28,00                   |
| 50. Women | 50 m FREE                              | 31,00                   |
| 47. Men   | 400 m free, timed<br>final, slow heats | 4.43,00                 |
| 48. Women | 400 m free, timed<br>final, slow heats | 5.08,00                 |

**Sunday May 7th at 18.00 (Warm up at 16.30), Finals and 400 m fastest heat**

|           |  |  |
|-----------|--|--|
| 27. Men   | 4x50m medley, Finnish<br>Championships |  |
| 28. Women | 4x50m medley, Finnish<br>Championships |  |
| 29. Men   | 200 m BREAST                           |  |
| 30. Women | 200 m BREAST                           |  |
| 31. B-14  | 100 m BACK                             |  |
| 32. G-13  | 100 m BACK                             |  |
| 33. B-16  | 100 m BACK                             |  |
| 34. G-15  | 100 m BACK                             |  |
| 35. Men   | 100 m BACK                             |  |
| 36. Women | 100 m BACK                             |  |
| 37. Men   | 50 m BREAST                            |  |
| 38. Women | 50 m BREAST                            |  |
| 39. Men   | 200 m IM                               |  |
| 40. Women | 200 m IM                               |  |
| 41. B-14  | 100 m BUTTERFLY                        |  |
| 42. G-13  | 100 m BUTTERFLY                        |  |
| 43. B-16  | 100 m BUTTERFLY                        |  |
| 44. G-15  | 100 m BUTTERFLY                        |  |
| 45. Men   | 100 m BUTTERFLY                        |  |
| 46. Women | 100 m BUTTERFLY                        |  |
| 47. Men   | 400 m free, fastest heat               |  |
| 48. Women | 400 m free, fastest heat               |  |
| 49. Men   | 50 m FREE                              |  |
| 50. Women | 50 m FREE                              |  |

## AGE GROUPS

Age groups for 100m events

|                    |                                |
|--------------------|--------------------------------|
| Men                | Year of birth 2006 and older   |
| Junior Boys 16-15  | Year of birth 2007-2008        |
| Youth Boys 14-     | Year of birth 2009 and younger |
| Women              | Year of birth 2007 and older   |
| Junior Girls 15-14 | Year of birth 2008-2009        |
| Youth Girls 13-    | Year of birth 2010 and younger |

## COMPETITION PROGRAM

Organizer reserves right to divide heats of the morning session to A- and B-flight. In case of two flights, three / four fastest heats of all events shall be completed first. Remaining heats shall start immediately after the completion of 400m events. Remaining heats shall be completed in the order set in competition program.



## ENTRIES AND QUESTIONS RELATING TO ENTRIES

Entries by email no later than 29th of April 2023: [kirsi.heittokangas@outlook.com](mailto:kirsi.heittokangas@outlook.com)

## QUALIFICATION STANDARDS

Qualification standards are for 50 m course. Entry times should not be older than 1<sup>st</sup> of May 2021.

## ENTRY FEES

Entry fee of **13 Euros** for each start shall be paid by 29<sup>th</sup> of April 2023 using bank transfer.

Document of the payment shall be verified at the venue. Payment details:

### **Uinti Tampere**

**IBAN:** FI45 1745 3000 2632 79

**BIC/SWIFT:** NDEAFIHH

## INFORMATION

Mrs. Kirsi Heittokangas email: [kirsi.heittokangas@outlook.com](mailto:kirsi.heittokangas@outlook.com)

Mr. Jussi Saukko email: [jussi.saukko79@gmail.com](mailto:jussi.saukko79@gmail.com)

## MEALS

During the competition meals can be bought to the café at the swimming centre. More information and pre-order for the meals from email: [myynti@aquakahvio.fi](mailto:myynti@aquakahvio.fi)

# WELCOME TO TAMPERE