

IPC – ITO

Annu Hammar

Muutamia havaintoja

- IPC – ITO
- ITO:n ”urapolku”
- säännöistä
- luokittelusta ja poikkeuksista
- keskustelua



ITO:n urapolku

Kuka ja miten?

- kansainvälisen koulutuksen järjestää paikallinen järjestelyorganisaatio (LOC) IPC:n hyväksymien kisojen yhteydessä
- koulutukseen voi anoa kansallisen koulutuksen saanut toimitsija kansallisen paralympiakomitean tai uimaliittonsa kautta
- vain kansallisen organisaation suosittelemat hakijat voidaan hyväksyä
- hyvä kielitaito (Englanti)
- 12 kerralla koulutuksessa – 2 lähettäjä, 10 muuta

Kurssi?

- kaksi päivää teoriaa
- kaksi kouluttajaa
- 4 jaksoa kisassa tarkkailtavana kanssa
- kisasuorituksen jälkeen henkilökohtainen arviointi
=> Level 1 ITO tai NYC

Ennakko-opiskelumateriaali

- IPC Swimming Technical Rules and Regulations 2011 – 2014
- IPC Swimming Technical Officials Operating Manual
- IPC Code of Ethics

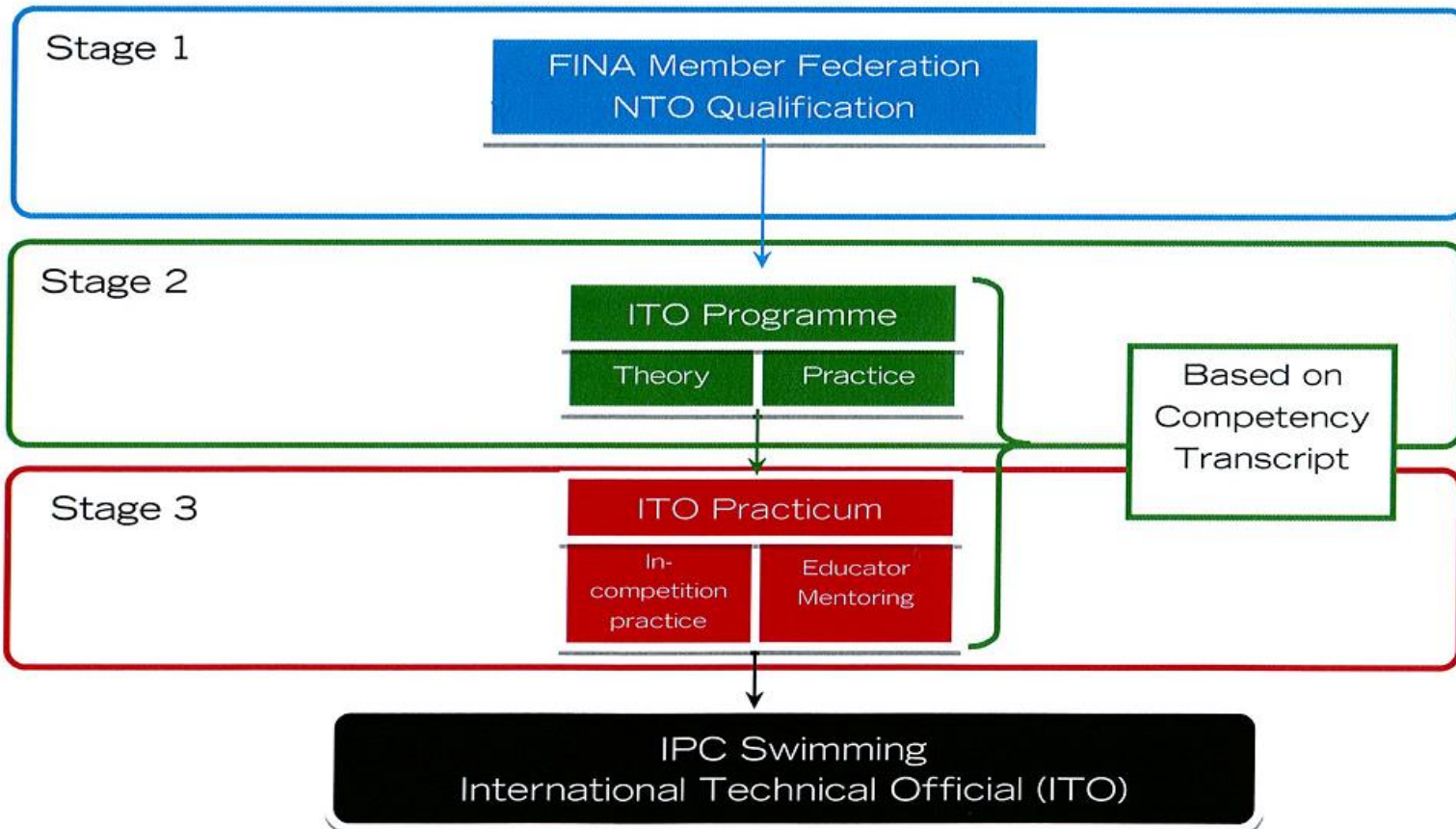
- IPC Swimming Technical Officials Pathway
- IPC Swimming Technical Officials Training and Appointment Process

Kurssi Ranskassa 25.-30.3.2014

- 2 kouluttajaa
 - Australia ja Englanti
- 2 lähettäjäkokelasta
 - Ranska ja Saksa
- 10 muuta toimitsijakokelasta
 - Japani, Hollanti, Kreikka, Saksa, Ranska, Wales, Englanti, Suomi
- paikka
 - Aix-en-Provence
- kisa
 - Championnat de France de Natation, Nationale 1 –Elite Handisport
 - osallistujamaat: Hollanti, Norja, Thaimaa, Sveitsi, Ukraina, Italia, Venäjä, Espanja, Kreikka, Ranska



Pathway Structure



Säännöt ja poikkeukset

- luokat
 - S1-S14 vapaauinti, selkäuinti, perhosuinti
 - SB1-SB14 rintauinti
 - SM1-SM14 sekauinti
 - "ability" ratkaisee luokan
- FINA -säännöt
- IPC Swimming Technical Rules and Regulations 2011 – 2014
- IPC Swimming Technical Officials Operating Manual
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Poikkeukset

- lähtö
 - vedestä (W, F)
 - avustaja (A, T, B,P, H)
 - ote lähtötelineestä (Y, E, 1)
- uinti
 - raajojen käyttö (kädet 2-6, jalat 8,9,12,12+)
- käännös ja maaliintulo
 - kosketus (T, kädet 2-6, vartalo 7)

Lähtölista

Dames, 150 m IM

Série 1 de 1

1.

2.

3. SAVAGE Veronique SM4 67 FRA 5.43.62

4. THUNEM Ingrid SM1 A F 7 12 78 NOR 4.45.30

5. BEAUDET Chantal SM2 46 FRA 5.06.22

6. BILY Marine SM4 A Y E 7 12+ 57 ITA 5.48.44

7.

8.

Messieurs, 100 m free, Finale A

1. SMETANINE David	S4 E 12	74	FRA	1.28.36
2. SUKHAREYV Sergey	S7 A 6 12+	75	RUS	1.09.18
3. ALLETRU Axel	S7 A 6 12	90	FRA	1.07.20
4. MISSIONIER Cyril	S15	92	FRA	1.02.23
5. BOER Simon	S15 12+	95	HOL	1.06.53
6. ROZOY Charles	S8 A 12	87	FRA	1.07.30
7. SFALTOS Giorgios	S6 A 12	88	GRE	1.18.44
8. MAKROMIDIMITRIS	S2 W A E 12	74	GRE	2.16.86

<http://www.youtube.com/watch?v=z0LvX8L6Woc>

Esimerkki säännöistä: Rintauinti

3.4 Breaststroke

3.4.1 After the start and after each turn, the swimmer may take one arm stroke completely back to the legs during which the swimmer may be submerged. A single butterfly kick is permitted during the first arm stroke, followed by a breaststroke kick.

3.4.1.1 After the start and after each turn, a swimmer who is unable to push off with the leg/s, may perform one arm stroke that may not be simultaneous or on the horizontal plane to attain the breast position.

3.4.2 From the beginning of the first arm stroke after the start and after each turn, the body shall be on the breast. It is not permitted to roll onto the back at any time. From the start and throughout the race the stroke cycle must be one arm stroke and one leg kick in that order. All movements of the arms shall be simultaneous and on the same horizontal plane without alternating movement.

3.4.2.1 When a swimmer does not have any legs or arms or parts thereof, either the kick or the respective arm stroke shall constitute a complete stroke cycle.

3.4.3 The hands shall be pushed forward together from the breast on, under, or over the water. The elbows shall be under water except for the final stroke before the turn, during the turn and for the final stroke at the finish. The hands shall be brought back on or under the surface of the water. The hands shall not be brought back beyond the hip line, except during the first stroke after the start and each turn.

3.4.3.1 Swimmers with a visual impairment approaching a turn or finish may push their hands forward from any point in the stroke cycle immediately after they have been tapped.

3.4.4 During each complete cycle, some part of the swimmer's head must break the surface of the water. The head must break the surface of the water before the hands turn inward at the widest part of the second stroke. All movements of the legs shall be simultaneous and on the same horizontal plane without alternating movement.

3.4.4.1 A swimmer with a lower limb impairment must show intent of simultaneous movement and show intent to kick in the same horizontal plane throughout the race or trail/drag the leg/s throughout the race.

3.4.4 During each complete cycle, some part of the swimmer's head must break the surface of the water. The head must break the surface of the water before the hands turn inward at the widest part of the second stroke. All movements of the legs shall be simultaneous and

on the same horizontal plane without alternating movement.

3.4.4.1 A swimmer with a lower limb impairment must show intent of

simultaneous movement and show intent to kick in the same horizontal plane throughout the race or trail/drag the leg/s throughout the race.

3.4.5 The feet must be turned outwards during the propulsive part of the kick. A scissors, flutter or downward butterfly kick is not permitted except as in 3.4.1. Breaking the surface of the water with the feet

is allowed unless followed by a downward butterfly kick.

3.4.5.1 A swimmer who is unable to use one or both legs and/or foot/feet to gain normal propulsion shall not be required to turn the affected foot/feet outwards during the propulsive part of the kick.

3.4.6 At each turn and at the finish of the race, the touch shall be made with both hands simultaneously at, above, or below the water level.

The head may be submerged after the last arm pull prior to the touch, provided it breaks the surface of the water at some point during the last complete or incomplete cycle preceding the touch.

3.4.6.1 At each turn and the finish of the race, where a swimmer has different arm lengths only the longer arm must touch but both arms must be stretched forward simultaneously.

3.4.6.2 At each turn and at the finish of the race, a swimmer with upper limbs too short to stretch above the head shall touch with any part of the upper body.

3.4.6.3 At each turn and the finish of the race, where a swimmer uses only one arm for the stroke cycle the swimmer shall be required to touch with one hand/arm only.

3.4.6.4 At each turn and the finish of the race, where the swimmer who uses both arms but has restriction in the shoulder/elbow, only the longer arm must touch, but both arms must be stretched forward simultaneously.

3.4.6.5 S11-12 swimmers may have difficulty making a simultaneous touch at the turn and the finish if they are restricted due to contact with the lane rope. The swimmer shall not be disqualified provided that no advantage was gained.

Eri luokkia



S1-S3

S7



S12



S4



Kysymysten aika?

