



Kuhat Midnight Sun Water Polo Tournament

Kuhat Midnight Sun Water Polo Tournament
@Helsinki, Finland - Pirkkola Swimming hall 15.6-16.6.2019



ARTICLE

MIDSUMMER – GO PEACEFUL OR GO PARTY

Midsummer – Go Peaceful or play Water Polo

Midsummer is a main national holiday in Finland. Originally a celebration of the summer solstice, it is typically spent with friends and family at a summer cottage away from the city, **either partying, relaxing or playing Water Polo**. Midsummer is often seen as the beginning of warm summer weather and many Finns start their summer holidays on Midsummer Eve. Taking place at the end of June, the Midnight Sun is a key element in the festivities in the northern parts of Finland. Not that it gets dark in the south, either; nights are white throughout the country.

Lighting bonfires and bathing in saunas are two of the most typical traditions in Midsummer celebrations. Barbecuing, fishing and boating have later become standard Midsummer pastimes while enjoying cottage life. In the olden days, Midsummer spells were cast, many of which had to do with hopes of increasing fertility and finding a future spouse. Midsummer was also a popular time for weddings.



Invitation to the Midnight Sun Water Polo tournament

- Helsinki Water Polo Club Kuhat is arranging the first Midnight Sun Water Polo Tournament
- The Tournament will take place in Helsinki Finland @Pirkkola Swimming hall 15.6-16.6.2019



Address:

- Pirkkolan Metsätie 6, 00630 Helsinki, Finland



The description of Midnight Sun Water Polo tournament

- **Age Groups:**
 - U13 (Born 2005 and after) Girls can as well play in the teams
 - U15 (Born 2003 and after) Girls can as well play in the teams
- **Location:**
 - In the green and beautiful Finland, where the sun nearly never goes down during the day
 - The main Water Polo event takes place in Helsinki @Pirkkola Swimming hall
- **Date:**
 - 15.6-16.6.2019
- **Request for interest:**
 - We need your confirmation of interest latest 15.3.2019
- **Confirmation:**
 - We need your confirmation latest 10.4.2019
- **Amount of teams to participate:**
 - We are expecting 12 teams to participate in the tournament
 - We are excepting the teams in confirmation order
- **Costs**
 - The entrance fee is 150,00€ per team. If you enroll for more than 1 team you will get a discount, and the fee will be 125,00€ per team. You have to pay it till 15.05.2019
- **The participant fee:**
 - The teams have the possibility to book the Midnight Sun participant package. Including youth hotel and/or hotel this includes Breakfast, (till the day of departure) lunch, dinner (from the day of arrival).We will also provide the transportation. If you want extra meal for the day of arrival or departure you will have to pay separately.
 - The prices will be informed later
- **Travelling:**
 - The teams are responsible of their own travel costs



The description of Midnight Sun Water Polo tournament

- **Teams**
 - 7 players (6 + goalie) in the water and 7 substitutes.
The minimum recommended number of players is 11.
Teams can be made up of more than 14 players, but only 14 can play in each match.
- **Prize:**
 - In both age groups:
Medal and cup for all the participating teams,
 - Best goalie,
Best player,
Top scorer
- **Field of play:**
 - The field of play is a maximum size of 25 x 18m
 - Goal face dimensions: 3 meters (crossbar) x 0,90 meters (posts)
- **Ball:**
 - Under 15: number 4
 - Under 13: number 4
- **Duration of the game:**
 - 4 periods of 8 minutes with a 1-minute interval between the periods. Time is continuous.
 - The team in possession of the ball has a limit of 30 seconds
- **Rules:**
 - The basic rules will be the old FINA rules
- **Referees:**
 - 2 referees per game including the semi finals and finals
 - Each team should bring one referee to the tournament



Contact Information for Midnight Sun Water Polo tournament

- Kim Johnsson is an old Water Polo player and now coaching Helsinki Kuhat U13, U15,U17 teams as well as the Finnish U15 National Team.
- Also a member of the management group of Helsingin Kuhat Water Polo Club

- Please contact

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Water Polo club Kuhat wish to see you in Helsinki !