







GROUP C: look at the "main" formation and use the relevant chart for "big Acro" (Stack, Platform, etc.) (remember exceptions). ACRO DEDUCTIONS: General: S -0.25, M-0.5-0.75, L-1-2; Falls: S -1, M -2, L -3. Complete fail at least 3 points.



PAIR ACRO - HEIGHT OF THE FEATURED SWIMMER





