



31st Synchro Cup 2024 17th-20th May 2024

Appendix II : Figures

Cat. Beginners		
101	Ballet Leg Single	1.6
316	Kipnus	1.4
361	Prawn	1.5
344	Neptunus	1.6

Cat. 12&under		
World Aquatics		
12&under Figures 2022-2025		
<u>Compulsory:</u>		
106	Straight Ballet Leg	1.6
301	Barracuda	1.8
<u>Group 1:</u>		
359	Front Ariana	2.2
348	Tower	1.9
<u>Group 2:</u>		
363	Water Drop	1.8
401	Swordfish	2.1
<u>Group 3:</u>		
311	Kip	1.6
227d	Swanita Spinning 180°	1.9

Cat. Youth		
World Aquatic		
Youth Figures 2022-2025		
<u>Section A:</u>		
140g	Flamingo Bent Knee Twist Spin	2.9
437	Cyclone Open 180°	2.6
308h	Barracuda Airborne Split Spin Up 180°	2.9
407	Swordfish Straight Leg Ariana Rotation	2.6
<u>Section B:</u>		
356f	Whip Continuous Spin 720°	3.0
441	Saturn	2.5
352	Venus	3.0
240i	Albatross Spin Up 360°	2.5
<u>Section C:</u>		
144	Rio Straight Leg	3.1
421	Walkover Back Closing 360°	2.4
440d	Ipanema Spinning 180°	3.1
311j	Kip Combined Spin	2.4